

"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY

CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

JULY 11, 1995

PENINSULA COVENANT CHURCH

TODAY

The oft postponed program by our physician in residence and Club Secretary, Norm Fenton will be given today. That is unless we find some other reason to put Norm off again. The topic for today is "The Coming Plague." Norm will vocally vaticinate on various voracious, vicissitudinous, vacuously vaccinal viruses viciously, villainously, violently and virulently vexing, vandalizing and vanquishing various villages, vulnerable valetudinarians and varmints with vengeful velocity. Should be interesting.

Our new President is out of town and cannot conduct the traditional-year starting-Club Forum. Pres. Elect Pete Hodgson will fill in for his first time at the podium.

LOOKING AHEAD

July 18: CLUB FORUM

Pres. Rosemary will be back in town and will conduct an important general meeting of the Club's membership. We have undertaken some momentous projects and it is time to putt or get off the green. We need to plan our successes for the year and work with our elected leadership to make them happen.

July 25: Dr. Angela Mayer will tell us how and why buildings collapse and bridges fall. Dr. Mayer is an expert in and will talk about "Failure Analysis."

August 1: We have the honor to host our newly elected District Governor, curmudgeon in training, Tony DeAngeles. More about this important gathering in future issues of the *SPOKE*.

LAST TWO WEEKS

June 27, saw us at Salvatories in San Carlos for our annual dinner-debunk, and installation. Past Pres. Sam performed admirably as the master of ceremonies. The food was delicious and the fellowship was something special. Lois Gruman and Ina Chafee joined us as special guests. Joe Souza was outstanding as a fine master.

We learned with sadness that two of our longer tenured members are leaving the area and have resigned their membership. PDG Sid Berlin is going to Calistoga and Joe Souza is going to Paradise. Sid and Joe came into the Rotary Club of Redwood City together in May of 1968, and leave together at the end of June 1995. It has been great, they are both past presidents and great supporters of the Club. Can anyone imagine how quiet it will be without these two?

PDG Bill installed our new officers:
Rosemary Azem - President
Pete Hodgson - President Elect
Greg Roos - Past President
Norm Fenton - Secretary
Linda Schmidt - Treasurer
George Szpotek - Sergeant at Arms
and our new Board:
Orley Anderson - Sam Dafnis - Bob
Doss - Norm MacLeod - Bob Boland -
Joe Dombek - Don Horsley - Bob Stiff
Congratulations to them all!

Greg passed the President's pin on to Rosemary and ended his tenure with brief remarks. Rosemary told about the year to come and the new committee structure. The evening then proceeded to the highlight-the debunking of Greg Roos.

PDG Bill would have made Judge Roy Bean proud in his portrayal. Persecutor Dennis Durkin toyed with his adversary, defense counsel Lem Summy. With witnesses Norm Fenton, Bob Stiff, Bob Rutherford and Steve Mikulic poor Greg didn't stand a chance. His defense fell apart and he was convicted and sentenced without mercy.

July 4: We kicked off DUCKS AMUCK with penache. The RWC parade was over 235 units long and we were No. 203 & 204. Sean Conklin led our entry on his six foot unicycle. He was followed by Guy Thompson's fire engine pulling a 12 foot high duck. Sean won first prize in the "comedy/individual" category of the parade. Our entrants were featured on the front page of the San Mateo Times July 5th edition. Following the parade we opened our booth for the adoption of thoroughbred racing ducks. Now the real work begins.

ROTARY UN CONFERENCE

On June 23 and 24, Rotary International hosted a World Peace Forum in conjunction with the 50th anniversary celebration of the founding of the United Nations.

Rotary brass (six past presidents of rotary international), President Bill Huntley, RI Vice President Howard Vann and several of the RI Board, past and present, were in attendance. This conference gave us an opportunity to show our hospitality. Our District has been trying to receive approval to host another Rotary International Convention and the way we carried off this conference should help our effort.

This was a historic event and included address by Madeleine Albright, permanent ambassador of the United States of America to the United Nations. Other speakers were Under-Secretary Generals of various offices within the UN and Roberto R. Romulo, son of General Carlos Romulo and former Secretary of Foreign Affairs of the Philippines.

Two problems became apparent. First is the shift from an East West confrontation to a North South dichotomy of have and have not.

The second problem revolves around the thrust in the Congress of the United States to scale back our involvement in the International Organization. Everyone concerned believes this would be a dire error of judgment and a return to isolationism. History indicates that the USA must be involved as leaders in International affairs.

NAME AND CLASSIFICATION	ROTARY ADDRESS	PHONE	Spouse	Anniv.
† Anderson, Orley H. (Orley) - Paint Industry, Consultant				11/88
† Anisman, Melvin (Mel) - Real Estate, Investment Management				3/84
† * Armstrong, Msgr. Peter G. (Pete) - Honorary (Religion, Catholicism)				1/80 °
◌ Azem, Rosemary- Travel Agent				4/91
◌ Bergler, Harold Wm. (Bill) - Sr Active (Funeral Directing)				9/68
† Δ Berlin, Sidney L. (Sid) - Sr Active (Law Practice, General)				5/68
Boland, Robert A. (Bob) - Law Practice, Real Property				4/87
† * Bostwick, Dr. Alan M. (Alan) - Sr Active (Adult Education)				10/52
† * Δ Conklin, William (Bill) - Sr Active (Law, Business)				5/78
Cooper, Judith P. (Judy) - Electronics, Transaction Automation				3/92
Crossgrove, Catherine A. (Cathy)-Printing Services				5/92
† * Dafnis, Sam V. (Sam) - Building Maintenance				4/81 °
† Delfs, Thomas E. (Tom) -Property Investments				9/87
† Dodge, Richard A. (Dick) - Office Supplies				11/78
Dombek, Joe- Investment Broker				6/92
† * Dooley, Robert E. (Bob) - Sr Active, (Financial Planning)				12/74
Doss, Robert E. (Bob)- Dental Lab				7/92
† * Durkin, Dennis J. (Dennis) - Law, General Practice				10/84
† * Durkin, Robert W. (Bob) - Sr Active, (Dentistry)				9/70
Easter, Stanley E. (Stan) - Honorary, Rotaract Advisor				9/83 °
Fabbro, Frank J.				2/95
Fer ton, Dr. Norman R. (Norm) - Physician, Gynecology				4/89
† Friebertshauser, Robert (Bob)-Mission Communications				9/71 °
Fruöhling, Merle D. (Merle) - Educ. Secondary Administration				1/78
Gasparini, Daniela (Dani) - YMCA				10/90
† Graves, Orval C. (Orv) - Honorary				11/53
Hack, Donald C. (Don) - Paving				9/78
† Haga, Roland N.V. (Roland) - Engineering, Civil				2/86
† Hodgson, Peter (Pete) - General Contractor				1/84
◌ Horsley, Don (Don) -Law Enforcement, Sheriff				5/85
◌ Hughes, Peter I. (Pete) - Sr Active, (Plastics Fabrication)				5/73
† Koslosky, Walter E. (Walt) Honorary				8/70
† Koster, Dr. Ronald W. (Ron) - Sr Active (Orthodontics)				8/60
† Kreiss, Stephen H. (Mike) - Honorary (Building Inspection)				7/57
† * MacLeod, Norman (Norm) - Film/Audio Comm., Prod./Dist.				8/74
† Mertens, Jerry W. (Jerry) - Chemicals, Wholesale				4/80
† * Mikulic, Dr. Stephen A. (Mik) - Dentistry				7/86
Mitchell, Delbert (Del) - Sr Active (Shoe Retailing)				3/55
Newell, James W. (Jim) - Sr Active (CPA)				2/65
Nissan, Edward (Ed) - Sr Active, (Tile Imports)				11/72 °
† * Parcell, Frank C., Jr. (Frank) - Sr Active (Air Conditioning)				4/63 °
† * Pierce, Robert L. (Bob) - Sr Active (Chemicals)				6/65
Raldavero, Mario - Food Services, Catering				7/87
† Roos, Dr. Gregory M. (Greg) - Dentistry, Additional Active				4/89
† * Rutherford, Robert E. (Bob) - Sr Active (Marine Ecology)				6/76
Ryan, Michael R. (Rhino) - Religion, Covenant				11/89
Schmidt, Linda A. (Linda) - Banking, Loans				11/91
† * Schricker, David E. (Dave) - Sr Active (Muni. Govt, Law)				9/68
† * ‡Schutz, David N. (Dave) - Sr Active (Newspaper Publishing)				4/46
Silverstein, Stan L. (Stan) - S Sr Active Real Estate, Investment)				10/70
* Souza, C. Joseph (Joe) - Sr Active Food Products, Retailing)				5/68 °
Stephenson, Robert, E.				2/95
† * Stiff, D. Robert (Bob) - Sr Active (Education, College)				10/83
Strathdee, Frederick R. (Fred) - Architecture				10/81
† Summey, Lemuel (Lem) - Sr Active (County Gvmt, Law)				5/73
◌ Szpotek, George F., Jr. (George) - Sr Active (Flowers)				4/73
Thompson, Guy (Guy) - Automobile				2/86
Wcoley, John H. (John) - Honorary				9/81
Yc. ng, Dr. Paul L. (Paul) - Sr Active (Podiatry)				6/65

Mail Make-up Cards to : Dr. Alan Bostwick, 501 Portola Rd., Box 8171, Portola Valley, CA 94028-7605

‡Charter Member *Past President ΔPast Governor †Paul Harris Fellow °Date of original admission.

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

--REDWOOD CITY CLUB--

Officers for 1994-95

Gregory M. Roos
President

Rosemary Azem
President Elect

Sam Dafnis
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

(Term expires 6/30/95)

(Term expires 6/30/96)

Cooper, Judy
Haga, Roland
MacLeod, Norman
Thompson, Guy

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Bulletin Editor: Bill Conklin

Jon B. Grant DDS
GOVERNOR, DISTRICT 5150

Sam V. Dafnis
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Bill Huntley
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY
P O Box 2606
Redwood City, CA 94064

DISTRICT 5150
ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

JULY 18, 1995 #2

TODAY

Pres. Rosemary is back in town and will conduct an important general meeting of the Club's membership. We have undertaken some momentous projects and it is time to putt or get off the green. We need to plan our successes for the year and work with our elected leadership to make them happen.

LOOKING AHEAD

July 25: Dr. Angela Mayer will tell us how and why buildings collapse and bridges fall. Dr. Mayer is an expert in and will talk about "Failure Analysis."

August 1: We have the honor to host our newly elected District Governor, curmudgeon in training, Tony DeAngeles. More about this important gathering in future issues of the *SPOKE*.

LAST WEEK

The oft postponed program by our physician in residence and Club Secretary, Norm Fenton was finally given. The topic was "The Coming Plague."

Norm, not wanting to scare the life out of us, scared the life out of us. There are mutant viruses that have emerged through survival of the fittest when

PENINSULA COVENANT CHURCH

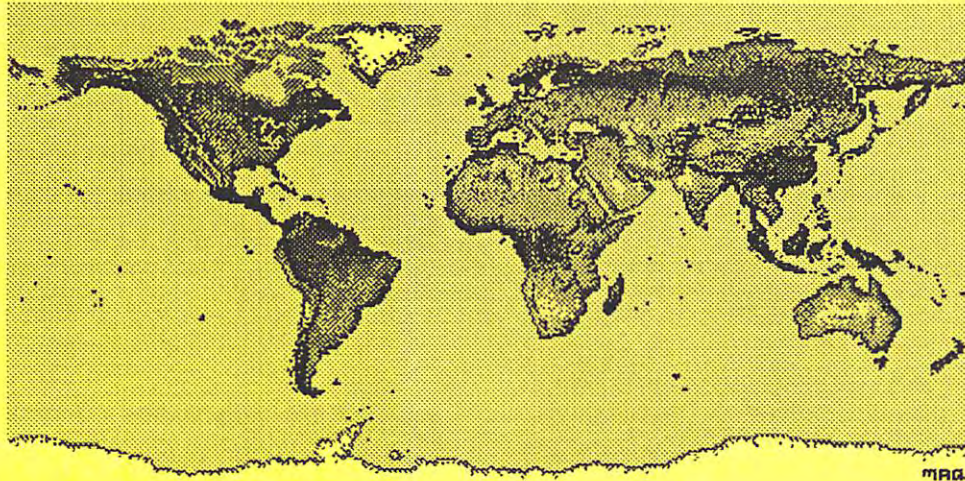
attacked by our conventional antibiotics, or which have been lurking in the bush waiting for the right time to show up and attack mankind. Either way, we are in big trouble if some of these "super diseases" become epidemic. We have heard and read about the super virus working its way around Africa. This is a threat to the world the way people tend to travel, migrate, seek refuge and interrelate.

Rotary has learned through our Polio Plus campaign that so long as one case of a communicable disease is present in the world we are not safe from it. We must not become complacent. We in the USA are just as susceptible as those living in Africa. AIDS has been one of the wake up calls about our vulnerability.

Norm's presentation was given with his now familiar British dialect and droll sense of humor. We are fortunate to have such talent and awareness of world affairs right here in our own Club. What other programs are lurking within our membership waiting to be discovered?

DUCKS AMUCK

We need to sell, sell, sell! Only 80 days before the great Amuck Day. Now is the time to find adopters for our racing duckies.



NEW MAKE UP RULES

July brings the implementation of the new rules for make up of missed meetings. We are now allowed to make up two weeks before or after a meeting of our club which we may have missed. This gives us great flexibility for planning long vacations in areas of the world that don't have Rotary.

DISTRICT DOIN'S

Our new Governor is Tony DeAngelis. Tony is probably the most knowledgeable new DG we have had in a long time. He has chaired a District Conference, a District Foundation fund raising event and has served on numerous committees at the District level. Tony's innovative ideas and style were apparent at his District Assembly held April 1.

The District will feature another wine and restaurant theme event for the Foundation Fund Raiser in November. Tony innovated the concept in 1993 and it was a smashing success. The District Foundation committee has decided to revitalize the idea. The event will be in Marin in November. The District Conference is set for San Francisco.

WORLD THEME OF NEW RI PRESIDENT

President of Rotary, Herb Brown whose theme is "Act with Integrity-Serve With Love-Work for Peace" Has delivered a message to all of the Rotarians of the world. He starts by telling of his dreams. He dreams of a world where the word *Integrity* becomes as essential as the air we breathe and the water we drink. He dreams of a world free of polio, where everyone has food to eat and shelter to protect them. He dreams of a world at peace.

Herb notes that peace has been the hope of mankind since time immemorial, however, it has eluded us due to our inability to follow the concept of "Love thy Neighbor." Rotarians have worked for peace since the early beginnings of the organization. We have worked continuously to build a community of nations. Herb states that "When Rotarians look one another in the eye and shake hands, our differences disappear."

Herb brings a warm, wide smile to the office of president. His southern dialect is quiet but forceful. He is a "Gentleman who plays by the rules."

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

--REDWOOD CITY CLUB--

Officers for 1994-95

Gregory M. Roos

President

Rosemary Azem
President Elect

Sam Dafnis
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

(Term expires 6/30/95)

(Term expires 6/30/96)

Cooper, Judy
Haga, Roland
MacLeod, Norman
Thompson, Guy

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Bulletin Editor: Bill Conklin

Jon B. Grant DDS

GOVERNOR, DISTRICT 5150

Sam V. Dafnis

DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Bill Huntley

PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606

Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

JULY 25, 1995

3

TODAY

Dr. Angela Mayer will tell us how and why buildings collapse and bridges fall. Dr. Mayer is an expert in and will talk about "Failure Analysis."

LOOKING AHEAD

August 1: We have the honor to host our newly elected District Governor, curmudgeon in training, Tony DeAngeles. More about this important gathering below.

LAST WEEK

PDG Bill (our only PDG left) led the singing with *AMERICA* and *SMILES*; Bob Doss led the Pledge; and Tom Delfs gave the invocation. Pres. 2B Pete Hodgson conducted a fine fine session selling all sorts of paraphernalia to unsuspecting and often unappreciative members. Pres. Rosemary conducted an important general meeting of the Club's membership (a Club Forum). The two major topics were Ducks Amuck and the committee reorganization.

Ducks Amuck is flying into its final stage, selling those thoroughbred, well trained, exercised, disciplined, fit racing ducks. We need to find adoptive parents for about 10,000 ducks between now and Labor Day, 40 some days from now. Everyone needs to sponsor at least one

PENINSULA COVENANT CHURCH

duck. We need to impress all peninsulans, especially Redwood Cityites that they need to have a duck to root for at the great DUCKS AMUCK DERBY (see below).

Rosemary gave a talk about her vision for the Club and her new formation of committees. She started by kicking over the shield at the speaker's podium, but soon warmed to the ideas she was trying to develop. She told of the message given at her PETS training: 'be creative, "If it ain't broke, set fire to it", do new innovative things in your club, don't be satisfied with the same old stuff that works to a point but misses obtaining the greatest potential.'

Rosemary is looking for creativity in form with flexibility to get the job done. The structure will provide for committee meetings once each month at the club meeting. This will help provide meaningful committee work with full participation of the members. It will reduce the need for evening and early morning gatherings. Each avenue of service plus Youth Service will be responsible for developing the club meeting content for two and one half months each year.

The concepts are somewhat abstract and hard to describe, but it seems worth a try.

DUCKS AMUCK

The project is flying right along. We opened in the Farmer's Market this weekend with moderate success in selling adoptions. We all need to commit time and energy to marketing. Everyone in Redwood City and on the peninsula needs to be represented with a duck in the race. We need to tale up the event and sell adoptions!!!!

DISTRICT GOVERNOR'S OFFICIAL VISIT

The Procedures of Rotary require that each year the District Governor visit every Club in the District. The purpose is to evaluate the performance of the Clubs and to assure RI that the programs and procedures of the organization are being carried out in proper form.

The Governor is the only officer of Rotary in the District and the job carries great responsibility. If a Club is only operating in two avenues of service such as Club and Community service, it is up to the Governor to advise it that it is not following the precepts of Rotary and to put it on the road to Rotary, operating in all four avenues of service.

The Rotary Manual of Procedure states that the Club shall have a Club Forum (a meeting of all of the officers, directors and key committee chairs) at the time of the visit of the District Governor. This Forum is our meeting to conduct the business of our Club with the District Governor in attendance. He may be asked to give advice or use his experience to answer questions, but he does not run the meeting. Our President

conducts all Club Forums and will conduct the one attended by the District Governor.

The Governor live and dies by the quality of the clubs in his District. He wants to see active Rotary Clubs operating in all four Avenues of Service. He wants to see hands on projects in all four Avenues of Service. He wants to see Rotarians making things happen in all four Avenues of Service.

OUR JOB IN ROTARY

We, the members of the Rotary Club of Redwood City, need to be sure that we are participating in at least one Avenue of Service. Our participation needs to be more than coming to Tuesday lunch, it needs to be meaningful to the rest of the Club's members. No one person has to carry all of the burdens of the Club or its committees, however, if we all commit time, energy and resources so that the other members notice and remark on how meaningful our contribution is and as a result react to make their own contribution meaningful, then we will be able to revel in knowing group accomplishment.

Our founder Paul Harris said that if we could motivate all Rotarians and have them working together we could change the world. The opportunities are there, the need is there, the Rotarians are there. The question is one of motivation. Let us look within ourselves. Let us find the time to devote to our projects. Let us find the energy to make them work. Let us maintain a positive attitude toward what we are able to accomplish and become motivated to "make it happen."

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14
THURSDAY
FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

--REDWOOD CITY CLUB--

Officers for 1994-95

Gregory M. Roos
President

Rosemary Azem
President Elect

Sam Dafnis
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

(Term expires 6/30/95)

(Term expires 6/30/96)

Cooper, Judy
Haga, Roland
MacLeod, Norman
Thompson, Guy

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Bulletin Editor: Bill Conklin

Jon B. Grant DDS
GOVERNOR, DISTRICT 5150

Sam V. Dafnis
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Bill Huntley
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL

The Public Safety Support Letter

Volume I, Art. 1

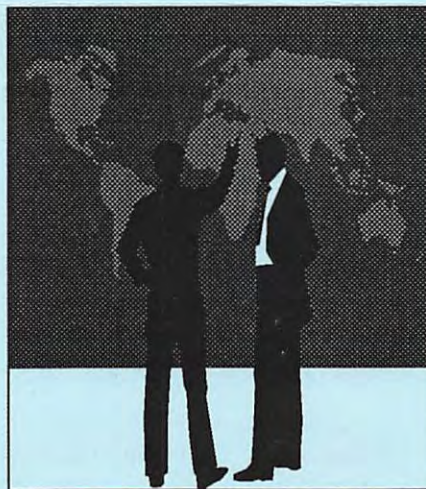
August, 1995

NEW BEGINNINGS

Mike Ryan Named Executive Director

After 22 years of service to the local church, Rev. Mike Ryan has resigned as Senior Pastor of Peninsula Covenant Church to serve as founding director of **Public Safety Support Services, Inc.** This non-profit corporation is being established to provide care and support to those who serve us in the public safety professions (Police and sheriff, firefighters, and paramedics).

Support Services offers educational materials and workshops, as well as personal consultations to assist these civil servants in managing job-related stress and to enhance their over-all quality of life. As a veteran law enforcement chaplain, having served the San Francisco and Redwood City Police Departments, the San Mateo County Sheriff's Office, and more recently San Francisco and Menlo Park Fire Departments, Mike Ryan brings vast experience in caring for and



giving support to those who serve in these critical professions.

He begins working for **Public Safety Support Services, Inc.** officially on Aug. 14. His initial objective will be to seek funding for the work's first year of operation. Tax-deductible contributions for this important work will be sought from corporate and private foundations, church and civic groups, as well as individual contributions. Anyone who desires to participate in this service may do so by writing a check to:

Public Safety Support, Inc.

803 Shepard Way, RWC, 94062

Ten Ways To Manage Stress

by Chaplain Mike Ryan

Whether its a shooting or a S.I.D.'s death, a multiple fatality MVA or a structure fire gone bad, public safety professionals must deal with trauma on an all-too regular basis. As such, these professionals must find ways to manage and minimize the debilitating effects such on-going exposures produce. A variety of resources encourage anyone exposed to prolonged periods of stress to be sure to include the following activities as a regular part of their self-care:

1. Exercise: Daily aerobic exercise is essential in reducing stress. Neurodrenaline, produced by the brain in heightened traumatic moments, needs to be flushed out of the system quickly. The best way to do this is through aerobic exercise.
2. Get enough rest. This goes along with exercise. Sleep deprivation compounds negative stress reactions. Shift work doesn't help sleep pattern stability. It is important to get rest whenever possible.

3. Eating Right. Too often, we use food as our “drug of choice” when coping with stress. The wrong foods may add to stress’s negative impact and contribute to debilitating illnesses. Watch out for alcohol; it is NOT a good method for minimizing stress. It is a depressant and depletes rather than enhances our sense of well-being. The Nutrition Almanac recommends supplementing your diet with Vitamin C, B complex, Calcium, and Magnesium.

4. Structure Your Time: One of the sources of stress is the sense that one has lost control during a critical incident. It is helpful to set out the schedule for each new day and then prioritizing your activities from this schedule. This “To Do” list approach helps recapture that sense of control over one’s life.

5. Reach out to a peer or significant other. Talking out your issues is fundamental to managing stress. The listening ear of a caring friend does wonders and affirms the fact that we are loved and appreciated. (**Public Safety Support Services** offers training in peer-support programs).

6. Spiritual Resources: Many find that prayer and mediation helps to restore the calmness lost in a critical incident. Try it; you may find it a good source of strength. Help is available through your department chaplain. Take advantage of it.

7. Do something nice for you. Go to a good play, listen to your favorite music, get a massage, take a walk in the country... whatever activity you know restores your joy... do it!

8. Keep a journal. Someone once said, “Things get more precise when they go from your lips to your finger tips.” This is true. Writing out your feelings is an

The Public Safety Support Letter

important way to sort out what’s going on. You don’t even need to keep what you write. The mere act of writing can be therapeutic.

9. Help others. This is a great way to get your mind off your issues. Helping others is a tremendously positive way to change the focus.

10. Seek professional care. There is no shame in asking for help. If the car needs a tune-up, we get one. Sometimes we need emotional tune-ups. Talk with your E.A.P. staff, your doctor, your chaplain; these resources can offer significant help.

For further information, contact Chaplain Ryan at 366-4752.

Community Chaplains A Success In RWC!

In a bold experiment in community cooperation, Capt. Jim Granucci and Chaplain Mike Ryan are delighted with the success of RCPD’s new community chaplaincy. Established last summer, pastors from the city were recruited and trained to serve as an “on-call” team to assist the police in any situation they feel would help in caring for individuals in critical incidents. Pastors have been called upon to assist in death notifications, offer comfort to victims of violent crimes, and otherwise give care and support where needed. Plans are being made at this time to work with **Public Safety Support Services** in expanding this program county wide!

R.C.P.D. establishes a Trauma Support Team.

Ellen Kirschman, Ph.D., director of Behaviordyne Psychological Corp., led 11 members of Redwood City Police Department in a training designed to equip officers to debrief their peers following significant critical incidents. The goal of this Trauma Support Team will be “to assist and support employees who have been in traumatic incidents, (officer-involved shootings, traumatic death of children or infants, serious multiple casualty incidents, any incident involving employees which cause death or serious injury to the employee or another party).”

The team is made up of three sergeants, five line officers, one dispatcher, and the police chaplain. The team will be mobilized on an as-needed basis.



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

August 1, 1995

TODAY

We have the honor to host our newly elected District Governor, curmudgeon in training, Tony DeAngeles. More about this important gathering below.

LOOKING AHEAD

THIS FRIDAY IS HOMEBOUND CARE DAY. ALL MEMBERS OF THE HOMEBOUND COMMITTEE TAKE NOTE AND CHECK ON ROTATION BETWEEN PARTNERS!

August 8: This will be the first breakout session for committee meetings. This will be our opportunity to put the system into operation. We will be able to try out the new system and achieve some committee work at the same time.

August 15: Jack Medina, an expert on fitness, will discuss his topic of "Health Issues in the 90s."

August 22: Another breakout session. We should start to see progress on how the system is coming together.

August 29: Evelyn Stanton, Executive Director of the San Mateo County Mental Health Association will talk about recent developments in the delivery of mental health care and treatment.

PENINSULA COVENANT CHURCH

LAST WEEK

PDG Bill led the singing with renditions of *AMERICA* and *SMILES*; Bob Rutherford led the Pledge; and Orley Anderson gave the invocation. Cathy Cosgrove conducted the fine session by emphasizing the need to publicize the *DUCKS AMUCK DERBY*. Anyone not wearing a duck pin (virtually everyone) was fined five dollars. Cathy softened the hit, however, by giving each payer a duck pin, thereby eliminating future excuses.

Our speaker was Dr. Angela Meyer, Ph.D. from Failure Analysis Corporation in Menlo Park. Angela kept us enraptured for the one half hour of program time. She showed video computer recreations of the Kennedy assassination and videos of the NBC fake of the GM truck collision and side saddle fuel tank fire.

Dr. Meyer's company has reviewed disasters from Kobe to the Oklahoma Federal Building. They have worked on law cases from the O.J. Simpson trial to the Exxon Valdez environmental cleanup. Most of the company's clients are insurance carriers, attorneys and manufacturers. They even have a biomechanical engineer who can simulate forces necessary to cause injuries to the human body.

DUCKS AMUCK

The project is continuing to fly right along. We opened again in the Farmers' Market this weekend with moderate success in selling adoptions. It would be wonderful if we could muster the man/woman power to maintain a sales presence at the Farmers' market, Sequoia Station, K-Mart, Price Club, Target, etc., etc.

We all need to commit time and energy to marketing. Everyone in Redwood City and on the peninsula needs to be represented with a duck in the race. We need to talk up the event and sell, sell, sell adoptions!!!!

DISTRICT DOIN'S

GOVERNOR'S VISIT- In last week's issue of the *SPOKE*, we stated that the purpose of the DGs visit was to evaluate the Club and report to RI. This is true, however, there is another purpose. The DG comes to help our Club become better. He is interested to see if we have established our goals and if we are achieving them. He is our greatest cheering section. He wants us to succeed.

UPCOMING EVENTS:

September 16: District Symposium to discuss the districts involvement in training in the four avenues of service, location tba 0800-1400.

September 29: Forum on the Homeless, St. Mary's Cathedral 0800-1400.

October 7: Rotary Foundation Seminar, Villa Hotel 0800-1600 (great opportunity to learn about our Foundation).

November 4: District Foundation Wine and Food Event, Marin Center, an evening of wine, food and fellowship. DG Tony chaired the first of these Foundation Fund Raisers two years ago in San Francisco. It was a dynamite event with participation by world famous restaurants and wineries. We had an auction of rare wines and raised money for the Foundation, what better combination could one ask for?

January 2: RI President's dinner, Red Lion Hotel, San Jose 1800-2200. This is one of those years when we have a RI President from the USA. Herb Brown is from Florida and he talks kind of funny, but he is a great Rotarian with a grand style of speaking. This will be an entertaining evening with Rotarians from all across Northern California to help provide the fellowship.

March 30: District Assembly, Marina Middle School, San Francisco 0800-1400. Our DGND Pete Taylor will give us his first indication of what to expect for 1996-1997.

May 18-22: District Conference, Miako Hotel, San Francisco. This will be the first District Conference in "the City" since before anyone can remember. DG Tony knows how to put on big events and this should be an outstanding soiree.

June 23-26: Rotary International Convention, Calgary, Alberta, Canada. As with RI Presidents, it is becoming more rare to find an International Convention in North America. The Canadian Rockies will offer scenic beauty and elegant accommodations for this first Canadian Convention since Toronto in 1983.

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

--REDWOOD CITY CLUB--

Officers for 1994-95

Gregory M. Roos
President

Rosemary Azem
President Elect

Sam Dafnis
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

(Term expires 6/30/95)

(Term expires 6/30/96)

Cooper, Judy
Haga, Roland
MacLeod, Norman
Thompson, Guy

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Bulletin Editor: Bill Conklin

Jon B. Grant DDS
GOVERNOR, DISTRICT 5150

Sam V. Dafnis
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Bill Huntley
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

August 8, 1995 Volume 49 No. 5

TODAY

This will be the first breakout session for committee meetings. This will be our opportunity to put the new concept into operation. We will be able to try out the system and achieve some committee work at the same time.

LOOKING AHEAD

August 15: Jack Medina, an expert on fitness, will discuss his topic of "Health Issues in the 90s."

August 22: Another breakout session. We should start to see progress on how the system is coming together.

August 29: Evelyn Stanton, Executive Director of the San Mateo County Mental Health Association will talk about recent developments in the delivery of mental health care and treatment.

LAST WEEK

We had the honor to host our newly elected District Governor, curmudgeon in training, Tony DeAngelis. Many of our members were shocked to see a homeless panhandler propped up against the pillar of the church hall. Some were compassionate, some were put out and some just ignored this unfortunate soul. Few, if any recognized this "bum" as our DG who used the allegory of his homelessness to

PENINSULA COVENANT CHURCH

emphasize the main point of his talk. More about this important aspect of our gathering below.

PDG Sid (a visiting Rotarian from the Calistoga Club) led the singing with renditions of *AMERICA* and *SMILES*; Cathy Cosgrove led the Pledge; Paul Young gave the invocation; and PDG Bill conducted the fine session by recognizing our club members for their work in the community and the club.

MESSAGE FORM THE GOV

Can you imagine a Governor suggesting that we have too much government? This concept is not too hard to fathom when the Governor is from Rotary and he is decrying the role of our civil governments in relation to the business of charity. Governments have no compassion, no ability to provide the family values that politicians continually talk about.

Tony DeAngelis, our Rotary District Governor, believes that we, in the grass roots of the community, are better positioned to provide the family values that have been stripped away by various governmental programs. Tony introduced us to the project of Rotary House, low cost family housing complexes to be built in San Mateo, San Francisco and Marin Counties.

Tony's second message was about membership and the need to place new emphasis on renewing this important resource within our club. His last point was to inform us about the upcoming Polio Plus days next Spring. As long as there is a single case of Polio in the world, we are not safe here in California or anywhere else in the USA. With the ease of mobility that mankind has created and with the refugee movements that mankind has created no in the world can be truly considered safe until the last case of Polio has been eradicated.

ROTARY FOUNDATION AND POLIO PLUS

The easy part is over, now the real work begins. We have immunized the accessible people of the world, however, there are remote spots that we have not been, there are places where the vaccine was not given in effective doses, there are places where the parents of children have not paid attention, there are places where governments ran out of vaccine and substituted water leaving us to guess who are and who are not vaccinated.

As with a design or engineering project the last five percent is always the hardest and most expensive to achieve. This is where we are with Polio Plus.

Our own District Rotarian Dr. John Elloway, a recipient of the Rotary Foundation Distinguished Service Award, was the first to recognize the problems in the Ukraine where the integrity of the vaccine was suspect. He has led a personal campaign to correct this problem and, after much lobbying at the Rotary office, has succeeded in convincing Rotary to take action.

It's Rotarians like John that have made Polio Plus a success to this point. With similar effort we will continue the siege of this dreaded disease. (Ed note) There is a great article in this month's issue of the Rotarian authored by our past Director C. Grant Wilkins about his and his wife's battle with polio. I commend its reading to us all.

PERSONAL PROFILE

Sometimes we don't appreciate what we have had until we no longer have it. PDG Sid has resigned his membership in the Club and has been accepted in the Rotary Club of Calistoga. Sid has been a strong presence in RWC since 1968. He was President of the Club and Governor of the District.

Born in 1927 in Detroit, he was raised in Fresno and went to the U. of Santa Clara Law School. Sid settled in Redwood City to raise his family and practice law. He recently retired from active practice after forty years of representing clients in San Mateo County.

Sid has been active in politics. He sat on the Redwood City Planning Commission and ran for office as a County Supervisor. He has been active in local Democratic Party affairs for many years.

Sid is a caring family man with a deep sense of spiritual commitment. He is married to Peggy (a former Rotary Foundation Scholar) and together they share six children and several grandchildren. Sid regularly participates in Rotary Institutes and Conferences presenting the Jewish portion of the spiritual convocation. He is skilled as a song leader and is in demand as a first class photographer.

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLaren's Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
MacLeod, Norm

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

August 15, 1995 Volume 49 No. 6

TODAY

Jack Medina, an expert on fitness, will discuss his topic of "Health Issues in the 90s."

LOOKING AHEAD

August 22: Another breakout session. We should start to see progress on how the system is coming together.

August 29: Evelyn Stanton, Executive Director of the San Mateo County Mental Health Association will talk about recent developments in the delivery of mental health care and treatment.

LAST WEEK

PDG Bill led the singing with renditions of *AMERICA* and *SMILES*; Steve Stephenson led the Pledge; Mel Anisman gave the invocation; and Past Pres. Bob Stiff conducted the fine session by testing our ability to decipher enigmatic, paronymous versions of well known sayings (see below).

The Ducks Amuck project is continuing to fly right along. We opened again in the Farmers' Market this weekend to sell adoptions. It would be wonderful if we could muster the man/woman power to maintain a sales presence at the

PENINSULA COVENANT CHURCH

Farmers' market, Sequoia Station, K-Mart, Price Club, Target, etc., etc.

We all need to commit time and energy to marketing. Everyone in Redwood City and on the peninsula needs to be represented with a duck in the race. We need to talk up the event and sell, sell, sell adoptions!!!!

The meeting proceeded to committee breakout sessions (see below).

FINE FINE SESSION

Last weeks fine master was Bob Stiff. This paternalistic Paragon Professor perfunctorily pursued paralogical portraiture, paradoxically published, providing pungent, paraphrastic proverbs for perverse palaver and palpable, panicked pandemonium. His pellucid purpose was to perversely prosecute and paralyze the passive, pitiful peasantry producing partially paranoid, pavid, pastiche participation by pathetic, pedantic personages, perversely placable and pathetically prepared. Passion proceeded; pain prevailed; peaceful pageant precipitated. Patronized pawns perceived a panacea of paltry, pedestrian peace through passivity while pandering and parsimoniously pursuing the Paragon Professor's project.

RWC COMMITTEE STRUCTURE

A review of the By-Laws of the Rotary Club of Redwood City indicates that we have four standing committees, Club Service, Vocational Service, Community Service and International Service. The staffing of these Committees is appointed by the President and modifications may be approved by the Board. The By-Laws suggest that each Committee be chaired by a member of the Board and that the President is, *ex-officio*, a member of all Committees

Said By-Laws further provide that additional committees, or sub-committees, may be established by the Board. The only sub-committees mentioned in the By-Laws are within Club Service and refer to such functions as Bulletin, Membership, Program, House, etc. Even these functions are subject to the approval of the Board. There has been concern that our new structure may not conform to our By-Laws, a reading of the 1987 (current) version will demonstrate otherwise.

Our President Rosemary has, with approval of the Board, staffed our four committees and each Committee has a member of the Board as its chair. In addition, Rosemary has, with a Board member chair, created a fifth major committee, Youth Service. This is not unusual. Many Clubs have separate Youth Service Committees. Rotary International has, on several occasions, considered establishing Youth Service as a Fifth Avenue of Service. It is certainly our option to separate out and provide special emphasis to our commitment to youth.

RWC COMMITTEE FUNCTIONS

When was the last time most members attended a meeting of their assigned Committee? Those in attendance might proudly say "last week".

The program for the day was organization and commencement of our work as a service club. Our five committees met and outlined their goals and programs for 95-96. The Chair of each committee could be seen asking questions and gathering information. Assignments of tasks followed and, it seems, a great deal was accomplished.

Pres. Rosemary has set another breakout session for August 22. This should give us time to put each committee's program and club management assignment in place. Youth Service is the first to take on the task of selecting fine masters, pledgers, invocators, greeters and asst. Sergeant at Arms. They will work with the Program Committee during the months of September and October to seek out speakers with topics of interest in the field of Youth Service.

The job that we, as members of the Rotary Club of Redwood City, have undertaken has not changed, only the way we do it is a little different. It is well established in the field of group dynamics that concerted action, with participation by several members, achieves more than the efforts of an individual or even the sum of the actions of several individuals. We now have the dynamics in place to meet as committees on a regular basis to work together to achieve our group activity potential.

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
MacLeod, Norm

Bulletin Editor: Bill Conklin

Anthony DeAngellis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

August 22, 1995 Volume 49 No. 7

TODAY

Another committee breakout session. We should start to see progress on how the system is coming together.

LOOKING AHEAD

August 29: Evelyn Stanton, Executive Director of the San Mateo County Mental Health Association will talk about recent developments in the delivery of mental health care and treatment.

September 5: Our own Mike Ryan will discuss his new responsibilities in connection with public safety and our youth.

September 12: Carlos Bolanos, Chief of Police for the City of Redwood City, will update us on current issues in law enforcement in Redwood City.

September 19: Our monthly breakout session for September. By now we should really be cooking on all burners in our committee activities.

September 26: Marion McDowell will share her experience as Chair of the California State Board of Education. Marion is a local educator and former Peninsula Sunrise Rotarian, this should be of special interest to us in RWC.

PENINSULA COVENANT CHURCH

LAST WEEK

PDG Bill led the singing with renditions of *God Bless America* and *Smiles*; Orley Anderson led the Pledge; Secretary Norm Fenton gave the invocation; and Past Pres. Dennis Durkin conducted the fine session by testing our ability to remember, know about, or even care about, little known facts from the history of the entertainment industry.

The Ducks Amuck project is continuing to fly right along. We opened at sequoia Station outside the Safeway store this weekend to sell adoptions. It was a tough sell at first, but as the morning wore on the patrons became more friendly. We all need to commit time and energy to marketing. Everyone in Redwood City and on the peninsula needs to be represented with a duck in the race. We need to talk up the event and sell, sell, sell adoptions!!!!

Our speaker was Jack Medina, a strength and conditioning instructor. Jack has coached and taught in his career and has been on the speaking circuit of late. We are his 839th Rotary Club. That's three and one half years of speaking if he made one Rotary Club each working day.

Jack entitled his talk "Fact and Fantasy

of Nutrition and Exercise." He asked three questions: How many calories does it take to keep the human body alive; How many pounds of fat can I lose in seven days; Do you have something for cellulite?

With these three questions, Jack debunked the diet myth. He showed how the body needs calories to stay alive and a diet makes the body believe that it is dying. This sends the body into a survival-shut down mode in the belief it is trying to commit suicide. The result is added weight after the diet is over.

The body can only lose a maximum of 3.3 pounds of fat in a week, the average is two pounds. any diet which causes a greater loss is burning protein and not fat. Jack states that there is no such thing as cellulite. It is fat, pure and simple, and there is no special means to diet off cellulite.

Jack gave three simple steps to follow as the answer to achieving and maintaining an optimum weight. First, eat good food; Second, drink 10 to 12 glasses of water a day; and Third, exercise regularly. Jack showed us some simple exercises to help keep trim and eliminate back pain.

DISTRICT DOIN'S

September 16, District 5150 will host a Symposium to discuss our involvement in the four avenues of service. We have participated in sessions such as this in the past. Some of the most experienced Rotarians in the District will give us ideas on how to advance our participation as a Club in the four Avenues of Service. All Members are

urged to attend and pick up hints and ideas on how to better do our jobs.

The symposium is necessary for committee chairs, untrained committee members and new members. It will be from 0800 to 1400 at the Baptist Seminary in Mill Valley-see Rosemary for details.

District Governor Tony DeAngelis is about half way through his official club visits and is beginning to show the wear and tear a governor endures. He was heard to say that the job wouldn't be so bad if he didn't have to put up with the prattle, dither and twaddle of yammering Past District Governors. Now Tony knows what makes a DG a Curmudgeon over his year in office.

ROTARY DIRECTORS

Every four years we have the opportunity to be involved in the selection of a director for the Board of Rotary International. It is time for our new Zone 23 (much smaller than previous) to nominate a director to serve for the years 1997-99. Seems like a long way off but the election process takes six months by itself.

A nominating Committee has been selected from the zone. Suggestions from the clubs of PDGs to be considered by the nominating committee will begin this month. All PDGs are eligible. The nominating committee will meet in October to interview the candidates suggested by the clubs for consideration. Once a candidate is selected by the nominating committee any club may challenge such nomination and cause a run-off election.

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLaren's Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
MacLeod, Norm

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

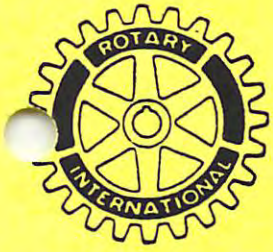
Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY

CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

August 29, 1995

Volume 49 No. 8

PENINSULA COVENANT CHURCH

TODAY

Evelyn Stanton, Executive Director of the San Mateo County Mental Health Association will talk about recent developments in the delivery of mental health care and treatment.

LOOKING AHEAD

September 5: Our own Mike Ryan will discuss his new responsibilities in connection with public safety and our youth.

September 12: Carlos Bolanos, Chief of Police for the City of Redwood City, will update us on current issues in law enforcement in Redwood City.

September 19: Our monthly breakout session for September. By now we should really be cooking on all burners in our committee activities. One of the goals of the new program is to spread the Club meeting functions among the members. The method has been in long term use successfully in other clubs. San Francisco (last year's "Club of the Year") has used sections of the club to provide program, fine master, newscaster and collections for years. They divide their 450 or so members into sections by their birthday month and each month a new section is responsible for the activities mentioned.

September 26: Marion McDowell will share her experience as Chair of the California State Board of Education. Marion is a local educator and former Peninsula Sunrise Rotarian, this should be of special interest to us in RWC.

LAST WEEK

Visiting Rotarian and PDG Sid Berlin led the singing with renditions of *America* and *Smiles*; Past Pres. Bob Rutherford led the Pledge; Carol Ebner gave the invocation; and Tom Delfs conducted the fine session by testing our ability to recall trivial facts.

The Ducks Amuck project is coming into its final week and we need to make the great push to sell duck adoptions. We all need to commit time and energy to marketing. Everyone in Redwood City and on the peninsula needs to be represented with a duck in the race. We need to talk up the event and sell, sell, sell adoptions!!!!

In lieu of a program, we split up into our monthly committee meetings. The new concept is becoming more clear as we progress. There was spirited discussion in the Community Service and International Service sections of the room. If participation equates to progress then at least these two committees are doing well.

ROTARY DIRECTORS

Six of the current eighteen Directors of Rotary International are from the USA. We have had close contact with one third of these six men.

JERRY BARDEN, our Director from old Zone 1 (Southern and Central California and Arizona) has been ubiquitous at such functions as PETS and the annual RI Presidents dinner each January. Jerry has worked on the California-Nevada Breakfast at each of the International Conventions since before anyone can remember.

PETS was conceived in Southern California but was perfected in Northern California. Jerry has been involved in this process of honing the training of our future club presidents almost since its first year. The sitting Director has always had a great influence on the PETS training and Jerry, with his background, will help guide it forward.

W. GARY ROMP is a Director from Sandusky Ohio. He was the Presidents Representative at our District Conference when Bob Kane was governor way back in 1989. Gary is a physician with a family practice. He has been active in Rotary International continuously since he was with us in Sacramento. Gary has been to California several times to be a guest speaker at our PETS.

C. GRANT WILKINS our outgoing Director was featured this past month in the *ROTARIAN*. Grant, in fact, wrote the article himself. MOST OF US DIDN'T KNOW THAT

Grant and his first wife were victims of polio, which they contracted as adults. Grant's wife eventually succumbed to the disease, but Grant overcame and reconstructed his life and career. His current wife Marline has been a great aid to him as he performed the tasks of Rotary Director. Ed note, we strongly recommend pulling the August issue of the *ROTARIAN* out of the recycle bin and look at page 32. Grant's story is very personal and has been untold, at least to our experience, until now.

FOUNDATION AND PLANNED GIVING

There are more than one million Rotarians in the world. If each one of these one million Rotarians were to provide for \$1,000 to the Rotary Foundation Permanent Fund in their estate plan we would have an endowment of one billion Dollars. The income from this endowment would provide approximately 60 million Dollars per year. It would more than double the amount of money the Foundation has available to it from annual contributions.

Waiting for one million Rotarians to make the \$1,000 provision and then to die so Rotary could use the funds is a great long range goal. Just think, however, what could be done if 1,000 Rotarians were to provide for planned gifts of one million Dollars. We could have the same one billion Dollars in the endowment and the waiting period would be dramatically reduced. We already have several Rotarians who have created Charitable Remainder Trusts for the Foundation. All we need are about 993 more.

Claudia Key

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLaren's Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
MacLeod, Norm

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

**P O Box 2606
Redwood City, CA 94064**

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

September 5, 1995

Volume 49 No. 9

PENINSULA COVENANT CHURCH

TODAY

Our own Mike Ryan will discuss his new responsibilities in connection with public safety and our youth.

LOOKING AHEAD

September 12: Carlos Bolanos, Chief of Police for the City of Redwood City, will update us on current issues in law enforcement in Redwood City.

September 19: Our monthly breakout session for September. By now we should really be cooking on all burners in our committee activities. One of the goals of the new program is to spread the Club meeting functions among the members. The method has been in long term use successfully in other clubs. San Francisco (last year's "Club of the Year") has used sections of the club to provide program, fine master, newscaster and collections for years. They divide their 450 or so members into sections by their birthday month and each month a new section is responsible for the activities mentioned.

September 26: Marion McDowell will share her experience as Chair of the California State Board of Education. Marion is a local educator and former Peninsula Sunrise Rotarian, this should be of special interest to us in RWC.

LAST WEEK

PDG Bill led the singing with renditions of *My Country 'tis of Thee* and *Smiles*; Past Pres. Frank Parcell led the Pledge; Roland Haga gave the invocation; and Dani Gasparini conducted the fine session.

Evelyn Stanton, Executive Director of the San Mateo County Mental Health Association spoke to us about the work her organization performs in San Mateo County. First work in the field of mental health started in our County in the '40s. It was a State sponsored program known as the Mental Hygiene Society. In the '50s it became the Mental Health Association. Evelyn became associated with the organization in the early '70s and had an original budget of \$18,000.

Today with a budget of over a \$1.5 million, Evelyn oversees 10 Friendship Centers which she opened at various church halls throughout the County. These Centers provide a base to which the mentally ill can return and seek help and counseling as needed. When California closed the State mental hospitals several years ago, the Counties were given the task of caring for the former inmates.

The greatest need was housing. The Association bought property in

Redwood City to house their clients. Glen Smith, retired Chancellor of the San Mateo Community College System, was Chairman of the Board of the Association and took the bold step of authorizing the acquisition of the real estate. HUD helped with the financing, along with several foundation grants.

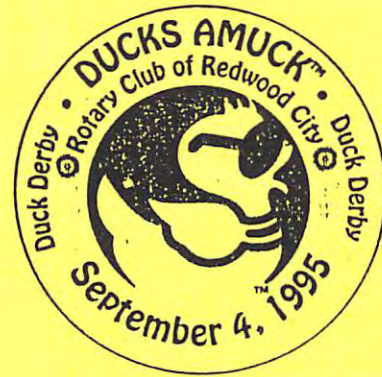
The Association has reduced the rate of people who return to the hospital for care. They have also been involved in a hospice for AIDS victims. The AIDS clients pay a small rent and cover their own utility expenses. Since the County is responsible for mentally ill juveniles, it has contracted with the Association to provide a transition home to assimilate these young people into the community. They try to provide a level of recovery for their clients and a safe place to live.

DUCKS AMUCK

Yesterday was "D" (Duck) day. There were 10,000 finely tuned, athletic, well trained, thoroughbred racing ducks turned loose in the lagoon at Redwood Shores. The weather was perfect and the wind, though a little squirrely, was sufficient to push the duck toward the finish line (with a little help from the fire hose).

A crowd of hundreds showed up for the festivities. The food was delicious and the balloon hats created by Clown in residence, Sean Conklin, were a hit with kids and adults alike.

For a first attempt at the Ducks Amuck Rubber Duck Derby it was a smashing success. It can only get better.



THANK YOU ONE & ALL

Special thanks to our Ducks Amuck sponsors:

BAY AREA BANK

SHADOW BROADCAST SERVICES

AIRE SHEET METAL INC.

SHORE BREEZE

PEARSON, DEL PRETE & CO.

T&H BUILDING SUPPLY, INC.

PRINT WISE

BIG & LOUD CO.

FLYING A

BFI INDUSTRIES

and the several thousand people that adopted ducks to participate in the first Annual Rotary Club of Redwood City Ducks Amuck --- Patos Locos Rubber Duck Derby. Thanks to the many Club members that worked throughout the project and special thanks to those who were at the Lagoon to help carry our new venture to success.

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
MacLeod, Norm

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL

Rotary Club of Redwood City

says

"Bye Sid"

(Past President and past District Governor, Sid Berlin)

Sunday, September 10th

Cocktails 5:00 pm

Dinner 6:00 pm

Bob & Deanna Dooley's, 1567 Edmond Drive, San Carlos
Directions Attached

Casual Dress Cost \$20.00 per person

RSVP to Pete Hughes at (415) 594-0783
no later than September 5th

Checks payable to "Rotary Club of Redwood City"

*Come prepared for a bit of roasting —
should you like one last shot at Sid*



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY

CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

September 12, 1995

Volume 49 No. 10

PENINSULA COVENANT CHURCH

TODAY

Carlos Bolanos, Chief of Police for the City of Redwood City, will update us on current issues in law enforcement in Redwood City.

LOOKING AHEAD

September 19: Our monthly breakout session for September. By now we should really be cooking on all burners in our committee activities. One of the goals of the new program is to spread the Club meeting functions among the members. The method has been in long term use successfully in other clubs. San Francisco (last year's "Club of the Year") has used sections of the club to provide program, fine master, newscaster and collections for years. They divide their 450 or so members into sections by their birthday month and each month a new section is responsible for the activities mentioned.

September 26: Marion McDowell will share her experience as Chair of the California State Board of Education. Marion is a local educator and former Peninsula Sunrise Rotarian, this should be of special interest to us in RWC.

October 7 (Sat): Billy Goat Bash Golf Tournament-Emerald Hills Elks Club

LAST WEEK

PDG Bill led the singing with renditions of *America* and *Smiles*; Past Pres. Bob Dooley led the Pledge; Don Hack gave the invocation; and immediate Past Pres. Greg Roos conducted a fine fine session giving recognition to all of the members who had anything to do with Ducks Amuck©.

Our own member Mike Ryan provided the program with a discussion of his new ministry, (see below).

DUCKS AMUCK ©

We still don't have the final results of the Derby. Perhaps we will have preliminary results at today's meeting. All who participated seemed to be enthusiastic about the event and thinking of ways to make it even bigger and better next year.

We learned a great deal about our community and about ourselves. We should take this knowledge to heart and begin the planning now for the second annual derby. With the information and experience we now have it should provide an exponential return.

For a first attempt at the Ducks Amuck© Rubber Duck Derby it was a smashing success. It can only get better.

PROFILE MIKE RYAN

Mike Ryan has been a member of the Rotary Club of Redwood City since 1989.

Mike was born in San Francisco in the outer Sunset District. He is the son of a San Francisco firefighter who retired as a Battalion Chief. Mike remembers his dad being at all of his football games, throughout high school and even those played at the University of Southern California (one of the benefits of two days on duty and four off).

Throughout his youth Mike was aware of the stress related to the fire fighting profession. He further noted that such stress was shared by the law enforcement professionals as well. When Mike was ordained in San Francisco, he was appointed chaplain of the SF Peace Officers Association. He performed this task while pastor of the First Covenant Church in the City.

Mike defined stress as loss of control of a situation. This loss may originate with the loss of a colleague or a situation where the circumstances outreach the ability of the person involved. Being a chaplain gives Mike the opportunity to deal with people in Public Safety jobs. The trauma and stress take a toll. Suicide among public safety personnel is two times greater than the national average; the divorce rate is 70%; the loss of spirituality is staggering.

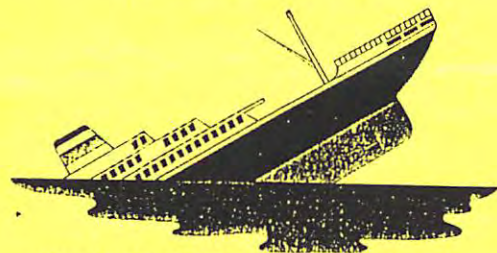
Public safety people become hyper vigilant. They need this instinct to survive and sometimes carry it over into their personal lives. Recognizing this need, Mike has undertaken a new

ministry. He has formed Public Safety Support Services, Inc., a nonprofit organization designed to provide counseling and support to the peace officers and firefighters of our community. His new agency is unique and goes beyond spiritual support. It will provide physical and mental support if appropriate. He has been a resource to groups such as the search team that went to Oklahoma City after the bombing and hopes to be able to provide similar service as appropriate.

DISTRICT SYMPOSIUM

This Saturday, September 16, at the Baptist Seminary in Mill Valley, we have the opportunity to hone our skills and increase our knowledge of the Four Avenues of Rotary Service. This is a must attend event for our Committee Chairs and is highly recommended for new and old Rotarians.

DON'T MISS THE BOAT!



COME TO THE WORLD'S LARGEST
COCKTAIL PARTY

**THE 1995 ROTARY
FOUNDATION EVENT**

NOVEMBER 4, 1995
THE MARIN CENTER, MARIN COUNTY
over 40 food and 40 wine/beverage
pueveyors will be serving!

TICKETS \$25.00
CALL (415) 697-5801 TO ORDER

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
MacLeod, Norm

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

September ¹⁹~~12~~ 1995

Volume 49 No. 11

PENINSULA COVENANT CHURCH

TODAY

Our monthly breakout session for September. By now we should really be cooking on all burners in our committee activities. One of the goals of the new program is to spread the Club meeting functions among the members.

LOOKING AHEAD

September 26: Marion McDowell will share her experience as Chair of the California State Board of Education. Marion is a local educator and Peninsula Sunrise Rotarian, this should be of special interest to us in RWC.

October 3: Jim Richardson, Cañada College instructor will tell us about "The use of humor in everyday life."

October 7 (Saturday): Billy Goat Bash Golf Tournament-Emerald Hills Elks Club

October 7 (Saturday): Rotary Foundation Seminar, Villa Hotel 0800-1600 (great opportunity to learn about our Foundation).

October 10: Lee Baxter, Director of the Regional Occupational Program, will tell us about the County wide program he leads and the kinds of intensive,

short term training made available to youth in our area.

October 17: Our monthly breakout session. This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

October 24: New member "Ice Breakers"

October 31: Mary Janney, last year's president of the Rotary Club of Burlingame, will speak about "Rotary House" and the ways in which Rotarians will create shelters which will assist families by providing housing to those who have fallen through the government safety net.

LAST WEEK

Past Pres. Bob Stiff led the singing, Past Pres. Dave Schutz led the Pledge and Mike Ryan gave the invocation.

Redwood City Police Chief Carlos Bolanos spoke to us about changes in the Department and in the resurgence of the Police Athletic League.

Carlos talked about the physical plant at the new headquarters. He told how the building was set up for the comfort of the employees, but left the visiting public to squirm in a small, unattended lobby. He has remodeled the building to

make it user friendly with a full time receptionist. He has made the department more responsive in the field as well by doing away with differential response. Now if someone calls they receive prompt attention by an officer going to the scene and, if necessary, taking a report.

Carlos re deployed the resources of the department by having the officers in the community working "beats," getting to know the citizens and solving problems. He wanted to serve the needs of the community, consequently, he reordered the priorities of the department to respond to citizen requirements.

The Police Athletic League has been revived by Carlos. The idea of reaching out to our youth and involving them in athletic programs is designed to prevent crime. A full time police officer is assigned to the PAL which emphasizes team sports as well as individual contests. It is open to all youth, boys and girls, and is designed to reach out to children as young as 5 years old who are considered at risk for potential trouble.

DISTRICT SYMPOSIUM

This past Saturday, September 16, at the Baptist Seminary in Mill Valley, the leaders of District 5150 met and learned about the Four Avenues of Rotary Service. Approximately 150 Rotarians from Marin San Francisco and San Mateo Counties participated in this educational meeting. President Rosemary indicated that she learned more about Vocational Service at this symposium than at any other Rotary training session including PETS.

FAREWELL TO SID AND PEGGY

Past Pres. Bob Dooley and his spouse Deanna, Past Pres. of the Rotary Club of Millbrae, hosted a going away party (roast) for PDG Sid and former Rotary Foundation Scholar Peggy. The event was attended by almost 60 members and guests. The evening started with libations, continued through dinner catered by Mario, and ended with anyone who wished giving a roast to Sid. All was in the spirit of good natured fun and was seemingly enjoyed by all, especially Peggy.

PRESIDENT HERB BROWN CALL FOR FAMILY VALUES

RI President Herb Brown has noted that many young people today are caught up in delinquency, vandalism, teen pregnancy, gang violence, alcoholism and drug abuse. He believes that the key to change is to instill values at the family level. He stated, "Of all the world's organizations, I believe that Rotary may be the best positioned to do something about the "value Crisis." Solutions must come from the ground up. We must go back to the basics. This is a huge effort that all research indicates will take years to turn around. What we can do during 1995-96 is to begin the effort, lay out the plan, and see to it that it continues until the job is done. If we can wipe out polio, we can certainly work to destroy this virus attacking civilized society, and Rotary will be all the stronger for it." Herb concluded his exhortation by stating, "Rotarians can and must turn things around."

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
MacLeod, Norm

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY

CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

September 26, 1995

Volume 49 No. 12

PENINSULA COVENANT CHURCH

TODAY

Marion McDowell will share her experience as Chair of the California State Board of Education. Marion is a local educator and a long term Peninsula Sunrise Rotarian, this should be of special interest to us in RWC.

LOOKING AHEAD

October 3: Jim Richardson, Cañada College instructor will tell us about "The use of humor in everyday life."

October 7 (Saturday): Billy Goat Bash Golf Tournament-Emerald Hills Elks Club

October 7 (Saturday): Rotary Foundation Seminar, Villa Hotel 0800-1600 (great opportunity to learn about our Foundation).

October 10: Lee Baxter, Director of the Regional Occupational Program, will tell us about the County wide program he leads and the kinds of intensive, short term training made available to youth in our area.

October 17: Our monthly breakout session. This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

October 24: New member "Ice Breakers," an opportunity to learn about our newest Rotarians.

October 31: Mary Janney, last year's president of the Rotary Club of Burlingame, will speak about "Rotary House" and the ways in which Rotarians will create shelters which will assist families by providing housing to those who have fallen through the government safety net.

LAST WEEK

PDG and visiting Rotarian Sid led the singing of *America* and *Smiles*, Paul Young led the Pledge, Past Pres. Dave Schricker gave the invocation and Roland Haga did the honors as fine master.

The Ducks Amuck© Committee promised a full report at our next meeting. After introduction of visiting Rotarians and guests, we broke up into committees and began our break out session.

There was activity and discussion at all of the tables, perhaps we are beginning to see how the process works. Pres. Rosemary moved among the committees giving advice and monitoring the deliberations.

ROTARY FOUNDATION IMMUNIZATION DRIVE

The success of polio plus world wide has been Fantastic. We are on the verge of ending this dreaded disease throughout the globe. We have, however, much to our dismay, seen that toddlers in the USA are not obtaining their childhood shots prior to the age of five. These immunizations are important, should begin at two months old age and continue through the first two years. Delay until the child starts school is way too dangerous.

Rotary has commenced a program to provide shots for children on a schedule commensurate with good preventive medical practice. In addition the Sequoia Hospital Health and Wellness Services and the County of San Mateo have teamed up to provide low cost shots for children on the first Monday and third Thursday of each month throughout the rest of 1995.

The program is conducted at the Fair Oaks Community center, 2600 Middlefield Road from 1600 to 1800 on first Mondays and from 1300 to 1530 on third Thursdays each month. If you have children or grandchildren be sure they take part in this great program.

MEMBERSHIP DEVELOPMENT

We are not the only Rotary club with a concern about flagging membership. We now have the great opportunity, however, to make a move to enhance participation in our great movement. We believe that the business climate on

the mid-peninsula is starting to change. The availability of office space in Redwood City has dramatically shifted from a lessee's to a lessor's market. Historically, Rotary has had its greatest growth during times of economic recovery.

The Rotary Club of Oakland received notoriety in the recent issue of the *Rotarian* giving their formulas for attracting new prospective members. They used the same techniques our committee has suggested, free lunches to introduce a prospect to the concept; community meetings to attract different audiences from which prospective Rotarians can be drawn; reminders to the membership; and follow-up that leaves no prospect uncontacted. Past Pres. Bob Dooley and his committee are asking for names of people to contact to attend our upcoming community meeting, please do your part.

DISTRICT DOINS

District Gov. Tony has set the date of November 4, 1995, for the Annual Foundation recognition event. This year will be similar to two years ago when we held a wine and food tasting and auction. If you missed the event in 1993, be sure to put this years bash on your calendar. There will be about 100 of the Bay Area's best restaurants and wineries providing tastes of their wares.

The event will be held at the Marin Center. We will attest from personal experience that the '93 event was a dynamite affair, providing fellowship, fantastic food and great wines for dégustation (tasting). This years soiree will be even bigger and better. Be there!

-MAKE-UP OPPORTUNITIES-

MONDAY

BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.

WEDNESDAY

BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15

MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere)12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

October 3, 1995 Volume 49 No. 13 PENINSULA COVENANT CHURCH

TODAY

Jim Richardson, an instructor at Cañada College will tell us about "The use of humor in everyday life."

LOOKING AHEAD

October 7 (Saturday): Billy Goat Bash Golf Tournament-Emerald Hills Elks Club.

October 7 (Saturday): Rotary Foundation Seminar, Villa Hotel 0800-1600 (great opportunity to learn about our Foundation).

October 10: Lee Baxter, Director of the Regional Occupational Program, will tell us about the County wide program he leads and the types of intensive, short term training made available to youth in our area.

October 17: Our monthly breakout session. This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

October 24: New member "Ice Breakers," an opportunity to learn about our newest Rotarians.

October 31: Mary Janney, last year's president of the Rotary Club of

Burlingame, will speak about "Rotary House" and the ways in which Rotarians will create shelters which will assist families by providing housing to those who have fallen through the government safety net.

LAST WEEK

PDG Bill Sid led the singing of *My Country 'tis of Thee* and *Smiles*, Bob Boland led the Pledge, Carol Ebner gave the invocation and PDG Bill doubled up and did the honors of recognizing Rotarians as fine master.

Marion McDowell shared her experiences as Chair of the California State Board of Education. Marion is a local educator, a long term Peninsula Sunrise Rotarian and works for the Sequoia Union High School District

Marion informed us about her appointment to the State Board of Education by Governor Wilson. She is one of eleven on the board, ten of whom are appointed for a four year term. The eleventh is a student appointed for a one year term. The Board is established by the California Constitution. It does not have power over the State Superintendent of Schools, who is an elected Constitutional officer, but obviously has influence and a need to work with the Superintendent.

ROTARY BEYOND 2000

Marion emphasized the need for a well educated citizenry. She stressed what she referred to as the crucial "Cs". First, Curriculum with accountability rather than process. The Board wants results rather than mere seat time. There will be high expectations for all. There will be no more categorization of students into bluebirds and blackbirds. All students will be challenged. Reading will be taught by the time a child finishes the third grade. There will be fewer lectures and more emphasis on learning by doing. There will be less memorizing and more reasoning. The use of high tech tools such as computers will make school an exciting place.

The second "C" is Charter School, a learning experience free from micro management of the system but it will still be held accountable. The third "C" is Choice, parental choice. Schools are available where parents live or where they work. District lines are no longer sacrosanct, parents have the right to place their children where it will be best for the family.

Marion referred to three other "small cs": communication between the public and the school; community involvement on local issues; and commitment by the community toward better education for everyone. In all, the six "Cs" add up to an A. Anything short of this will not receive this high grade.

In Q&A Marion stated that generally we are behind, but our top students are better than European and Asian students, we are more creative. She emphasized that we need to stress core academics. We need community commitment.

At a recent gathering of Rotary Officers, past, current and future, there was a round table discussion of where Rotary will be in the next millennium. RI Pres. Elect Luis Gay (pronounced Gee-Eye) presided. The panel was made up of past RI Directors and a Past RI President as follows: Sonny Brown, Cliff Dochtoman, Keith Burnham, Harry Finks, Elmer Jordan, Rick King, Mike Kitsuris, Bill Nystrom, W. Gary Romp, C. Grant Wilkins and Jerry Barden. Luis stated that we will have to think in the future --- technology is the future. He quoted Bill Gates "the people over 50 must be ready to be teachable by the younger generation." He then asked the question:

What will be the role of Rotary in the year 2000? Answers were as follows:
Elmer: We will continue service. We will still have the problem of membership. We will have relaxed attendance rules. We will have changed classification rules. We will have corporate membership.

Mike: We will see young people doing their community projects which will increase younger membership. We will see another major project.

Gary: We will have the role of leadership. There will be a global community.

Keith: the permanent fund will be the ultimate power of Rotary.

Question: Is Rotary going into the Internet?

Grant: We have a home page on the Internet. We are going to interactive media for teaching at the Intl. Assembly.

Cliff: Some areas don't have telephones. We need to train better and we need to learn to use technology advantageously.

-MAKE-UP OPPORTUNITIES-

- MONDAY**
BELMONT- Van's Restaurant, Belmont 12:15
PALO ALTO- Rickey's Hyatt House 12:15
CAMPBELL- Renzo's Restaurant 12:15
- TUESDAY**
SAN FRANCISCO MISSION- El Oso 7:30 a.m.
PENINSULA SUNRISE- Pete's Harbor 7:30 a.m.
MILLBRAE- Green Hills Country Club 12:15
MOUNTAIN VIEW- Florentine Restaurant 12:15
LOS GATOS- Villa Felise Restaurant 12:15
SAN FRANCISCO- Elks Club 12:15
SUNNYVALE- Holiday Inn 12:15
HALF MOON BAY- Community Center 12:15
MILL VALLEY- Mill Valley Golf Club 12:15
PACIFICA- The Muffin Mine 7:30AM
STANFORD AREA- Blintz Restaurant (Los Altos) 7:15 p.m.
- WEDNESDAY**
BURLINGAME- Holiday Inn-Crown Plaza 12:15
CUPERTINO- Pacific Fresh Restaurant 12:15
DALY CITY- Licata's Restaurant 12:15
FOSTER CITY- Holiday Inn 12:15
- MENLO PARK- Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST- Mariani's Restaurant 12:14
- THURSDAY**
FISHERMAN'S WHARF CLUB- Calif. Hornblower Pier 33 7:30 AM
PALO ALTO/BAYSHORE- Bayland's Nature Center 12:15
LOS ALTOS- Elks Club (El Camino) 12:00
REDWOOD SHORES- Days Inn, Belmont 12:00
SANTA CLARA- Mariani's Restaurant 12:15
SAN MATEO- Dunfey Hotel 12:15
SAUSALITO- Alta Mira Hotel 12:15
SAN FRANCISCO WEST- McLarens Bar/Grill 6:00 p.m.
SO SAN FRANCISCO- Brentwood Lodge 12:15
- FRIDAY**
SAN MATEO SUNRISE- Villa Hotel 7:30 a.m.
PALO ALTO/UNIVERSITY- Holiday Inn 7:30 a.m.
SAN CARLOS- Salvatore's Restaurant 12:15
SAN BRUNO- S. F. Airport Hilton 12:15
SARATOGA- Community Center 12:00
SANTA CLARA NORTH- Days Inn, Great America Pkwy 12:00
TIBURON/BELVEDERE- S.F. Yacht Club (Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



Third Annual Billy Goat Bash Golf Tournament

Proceeds to benefit Redwood City Rotary Charities

Food - Fun - Fellowship - Frivolity

Date: Oct. 7, 1995
Location: Legendary Links of
Emerald Hills
Elks Club
Tee Time: 9:00 AM
Scramble Format
Shotgun Start
Five Club Limit per Player
Lunch: Delicious Steak BBQ
Beer/Wine/Soft Drinks

Mulligans for Sale

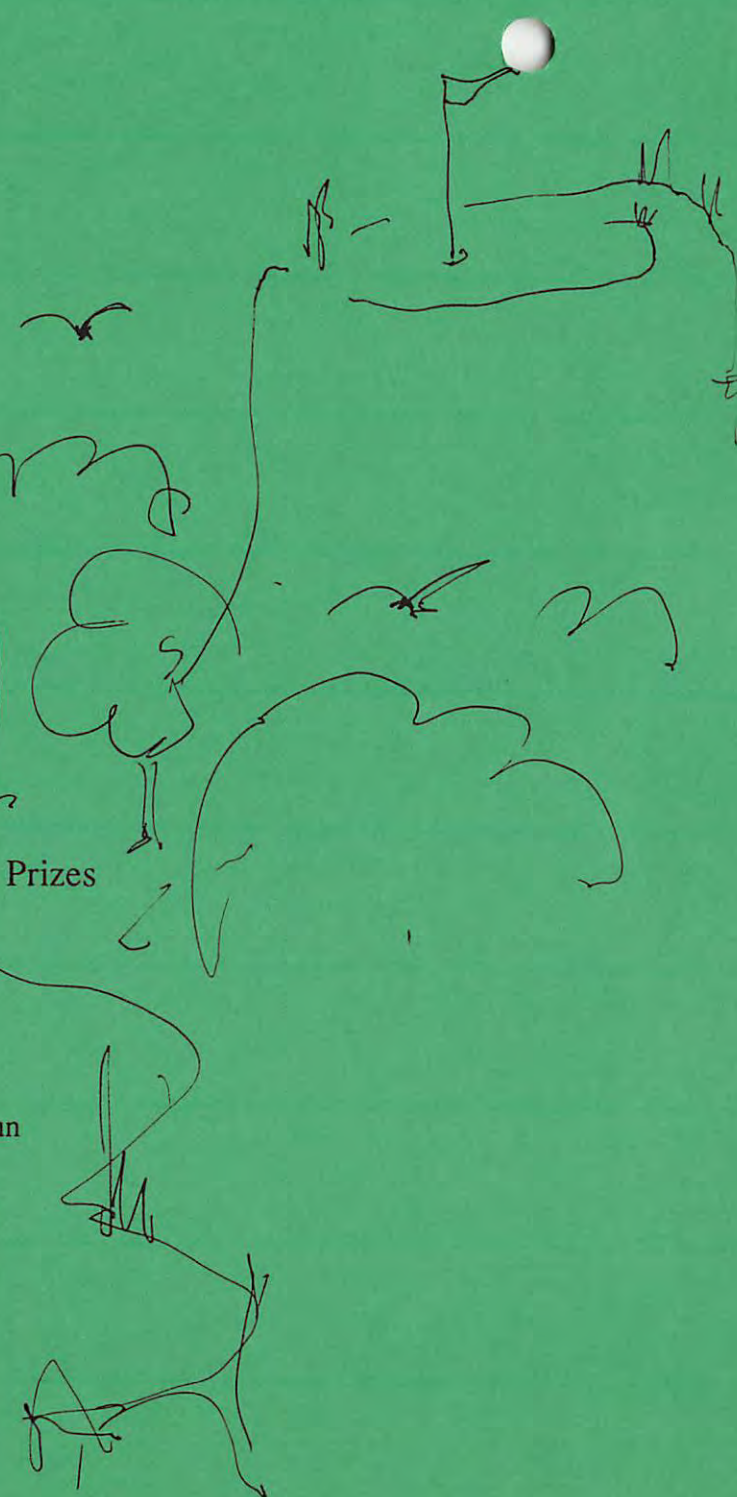
Cost: \$40.00 per Golfer
\$15.00 per non player
(lunch only)

Non golfers welcome and encouraged to join the fun

Make checks payable to: Redwood City Rotary
Registration Deadline: September 30, 1995

Questions?, Call Bob Boland (415) 363-5799

Prizes





"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

October 10, 1995 Volume 49 No. 14

TODAY

Lee Baxter, Director of the Regional Occupational Program, will tell us about the County wide program he leads and the types of intensive, short term training made available to youth in our area.

LOOKING AHEAD

October 17: Our monthly breakout session. This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

October 24: New member "Ice Breakers," an opportunity to learn about our newest Rotarians.

October 31: Mary Janney, last year's president of the Rotary Club of Burlingame, will speak about "Rotary House" and the ways in which Rotarians will create shelters which will assist families by providing housing to those who have fallen through the government safety net.

LAST WEEK

PDG Bill led the singing of *God Bless America* and *Smiles*, Tom Delfs led the Pledge, Judy Cooper gave the

PENINSULA COVENANT CHURCH

invocation. Judy doubled up and did the honors of recognizing Rotarians as fine master. Past Pres. and now Menlo Park Rotarian Phil Schneider exhorted us to put the District Rotary Foundation Food and Wine event on our calendars for Nov. 4, (see below).

Jim Richardson, an instructor at Cañada College told us about the use of humor in business and every day life. Humor has been sought after by Mankind since, the beginning of the species, about three and one half million years ago. At first all comedy was slapstick since early humans had not yet devised language. When language was invented, spoken wit and humor shortly followed.

Jim showed us how to develop rhythm in speaking. He also told us that the most common problem with oral presentation is trying to go too fast. He counseled us to slow down and to pause appropriately. We should have a pause approximately every seven words. When speaking we need to pay attention not to swallow the last word and to elongate our vowels. This makes us easier to hear.

Jim suggested a trick to telling a joke. Since the joke hinges on the ending punch line, memorize this first. Memorize the joke immediately when heard and tell it 20 to 30 times. Write

jokes on a 3x5 card and use it for presentations.

When playing to an audience, direct your story to the most amiable person and direct your fun making to someone other than your audience (yourself or a third party). Try to break any negative pattern that may exist in the audience and above all relax. Jim closed with a quote, "Honesty is most important, once you can fake it, you have it made!"

DISTRICT DOIN'S

UPCOMING EVENTS

November 4: District Foundation Wine and Food Event, Marin Center, an evening of wine, food and fellowship. DG Tony chaired the first of these Foundation Fund Raisers two years ago in San Francisco. It was a dynamite event with participation by world famous restaurants and wineries. We had an auction of rare wines and raised money for the Foundation, what better combination could one ask for?

This year there will be 50 wineries and 50 restaurants represented. Such famous names as: Bonny Doon; Carneros Creek; deLoach; Groth; Hanna; Heitz; Husch; Raymond; Stag's Leap; and William Hill are among the wineries to be represented. This is a great opportunity for club and district fellowship. In addition there is our annual Foundation raffle, which could use some donated prizes. Please look at items you or your business associates could donate to this great event. We hope to raise in excess of \$100,000 within the District. Let's all plan to participate. Busses are available through Phil Schneider.

October 13: Planning session for Rotary's homeless shelter project. The meeting will take place at 1400 (2:00p.m.) at the office of the Peninsula Community Foundation, 1700 So. El Camino Real, Suite 300, San Mateo. This is a session to brainstorm, to plan, to help make real progress. This could develop into a vocational service project as well. Part of the overall plan is to help put homeless people back to work in jobs that will support their families.

ROTARY FOUNDATION SEMINAR

This past Saturday, our regional Foundation coordinator, Bob Snider PDG District 5010 (Alaska), convened an informational seminar at the Villa Quality Hotel in San Mateo.

All aspects of the Rotary Foundation were discussed. The Share system of participation in programs such as scholarships was clearly defined. The annual giving campaign which stresses the Paul Harris Fellowship and Sustaining Membership was outlined. Methods of fund raising were discussed, including our upcoming Wine and Food Festival.

There were break out sessions to delve into the fine points of the programs of the Foundation. Also discussed were sophisticated methods of raising money for the annual giving and for the Foundation's Permanent Fund. Our own PDG Bill taught how to bolster the Permanent Fund (formerly the Endowment). He also told how to become a Benefactor and how to identify candidates for major or deferred gifts to the Foundation.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-El Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL

ROP

ROP

REGIONAL OCCUPATIONAL PROGRAM

A School-To-Work Tradition

**TUITION-FREE
CAREER TRAINING**

1995

**FALL
SCHEDULE
OF COURSES**

**ROP
Service
Courses**

**ROP
Medical
Courses**

**ROP
Trade and
Technical
Courses**

**ROP
Business
Courses**

**A Program Of The
San Mateo County
Office Of Education**

**ROP Trains People For Work
Information Hotline
415 • 599 • 2713**



ROP IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION PROGRAM

OPEN ENTRY

Daytime business classes accept new students throughout the year as space becomes available.
Evening classes accept new students every nine weeks as space becomes available.

★ **AUTOMATED OFFICE OCCUPATIONS**

Daly City, 151-87th Street
Burlingame, 1800 Rollins Road
Redwood City, 619 Bradford Street

Individualized office training: keyboarding, IBM-PC fundamentals—WordPerfect environments (DOS and Windows). Spelling, filing, telephone techniques, business English/math, fax, E-mail, ten-key. Job search skills. With instructor recommendation, students have opportunity for non-paid internship with local employers. 18 - 36 weeks

★ **COMPUTERIZED ACCOUNTING**

Daly City, 151-87th Street
Burlingame, 1800 Rollins Road
Redwood City, 619 Bradford Street

Computerized approach to accounting systems: general ledger, accounts receivable/accounts payable, and payroll including DOS and Windows — Lotus and Excel. *Prerequisite:* Typing 25 wpm. (will be verified) With instructor recommendation, students have opportunity for non-paid internship with local employers. 18 - 36 weeks

★ **MICROCOMPUTER BUSINESS APPLICATIONS**

Daly City, Serramonte High School
Burlingame, 1800 Rollins Road
Redwood City, 619 Bradford Street

Self-paced, individualized computer training for the most current business software. Includes both DOS and Windows systems management and applications: WordPerfect, Word, Works, Lotus, Excel. Also data entry, dBase, graphics presentations, and hard disk management. Ideal for someone with business/office background. Computer experience not required. *Prerequisite:* Keyboarding 25 wpm. (will be verified) With instructor recommendation, students have opportunity for non-paid internship with local employers. 18 - 36 weeks

SMALL BUSINESS OWNERSHIP AND MANAGEMENT

Burlingame, 1800 Rollins Road

Business planning, marketing strategies, financing, government regulations and taxes, business and personal records, legal issues, computers in small business, and management procedures. 18 weeks

AUTO BODY COLLISION REPAIR

Burlingame, 1800 Rollins Road

Learn body repair and painting theory and techniques: collision repair, fender, body, frame straightening, painting, complete auto refinishing. Leads to a variety of jobs including auto collision insurance adjustor trainee. 36-54 weeks

★ **AUTOMOTIVE TECHNOLOGY**

Millbrae, Mills High School
San Mateo, Hillsdale High School
Redwood City, Sequoia High School

TUNE-UPS: engine analysis, electrical, emission controls, carburetion, fuel injection, computer systems analysis. BASICS: front-end, transmission service, steering, shocks, brakes, tires, lubrication, and filter change. Introduction to state smog, head lamp, and brake exams. 18-72 weeks depending on student employment goals.

★ **ADVANCED AUTOMOTIVE TECHNOLOGY**

Millbrae, Mills High School
San Mateo, Hillsdale High School

Smog diagnosis, advanced computer systems analysis, and emission controls. *Prerequisite:* 1 year of ROP Automotive Technology or 1 year of related work experience. 18 weeks

CARPENTRY/CONSTRUCTION TECHNOLOGY

San Mateo, San Mateo High School
Redwood City, Sequoia High School
Half Moon Bay, Half Moon Bay High School

Prepare for entry level jobs in the building trades. Hands-on experience includes carpentry, roofing, dry walling, framing, masonry, blueprints, building codes, plumbing, and electrical wiring. 18-36 weeks

TELEVISION COMMUNICATIONS AND PRODUCTION

Menlo Park, Menlo Atherton High School

TV and video production through practical experience in studio and field. Electronic production techniques: script development, camera operations, field reporting, audio operations, floor directing, computer graphics. On-the-job training at public access television studio — cablecasting and oversight of field equipment packages. 18-36 weeks

BUSINESS

	Daly City 151 87th Street	Daly City Serramonte High School	Burlingame 1800 Rollins Rd.	Redwood City 619 Bradford St.
Automated Office Occupations	8:00 -10:30 a.m., daily 10:30 - 1:00 p.m., daily 1:00 - 3:00 p.m., daily 3:00 - 5:00 p.m., daily 6:30 - 9:30 p.m. T/Th		7:00 - 8:00 a.m., daily 8:00 - 10:30 a.m., daily 11:00 - 1:30 p.m., daily 3:30 - 6:00 p.m., daily 6:00 - 9:00 p.m. M/W 6:00 - 9:00 p.m. T/Th	8:00 - 10:30 a.m., daily 10:30 - 1:00 p.m., daily 1:00 - 3:30 p.m., daily 3:30 - 6:00 p.m., daily 6:00 - 9:00 p.m. T/Th
Computerized Accounting	5:00 - 7:00 p.m., daily		8:30 - 10:30 a.m., daily 10:30 - 12:30 p.m., daily 1:00 - 3:00 p.m., daily 3:30 - 6:00 p.m., Mon - Th 6:00 - 9:00 p.m. T/Th	8:30 - 10:30 a.m., daily 10:30 - 12:30 p.m., daily
Microcomputer Business Applications		7:00 - 8:00 a.m., daily 8:00 - 10:30 a.m., daily 11:00 - 1:30 p.m., daily 1:30 - 3:30 p.m., daily 3:30 - 6:00 p.m., Mon - Thurs 6:00 - 9:00 p.m. M/W 6:30 - 9:30 p.m. T/Th	8:30 - 10:30 a.m., daily 10:30 - 12:30 p.m., daily 1:00 - 3:00 p.m., daily 3:00 - 5:30 p.m. M-Thurs 6:00 - 9:00 p.m. M/W 6:00 - 9:00 p.m. T/Th	1:00 - 3:30 p.m., daily 3:30 - 6:00 p.m., daily 6:00 - 9:00 p.m. M/W 6:00 - 9:00 p.m. T/Th
Small Business Ownership & Management			6:00 - 9:00 p.m. Wednesday Evenings	

* Evening classes are listed in bold type

MEDICAL

	Daly City Serramonte High School	Burlingame 1800 Rollins Road	Menlo Park Menlo Atherton High School
Acute Care Nurse Assistant		9 - 1 p.m., daily New Classes start 9/6, 12/4, 3/11	
Advanced Nurse Assistant	6:30 - 9:30 p.m. Wednesday Evenings 10/4 - 12/6		
Health Care Core	8:00 - 11:45 a.m., Mon - Thurs New Classes start 9/6, 10/23, 12/4		
Home Health Aide			
Hospital Unit Coordinator	Spring start only		
Medical Information Services	1:00 - 3:30 p.m., Mon - Thurs		
Nurse Assistant	8:00 - 10:30 a.m., Mon - Thurs 1:00 - 3:00 p.m., daily 3:30 - 5:30 p.m., daily		1:30 - 3:30 p.m., daily 3:45 - 5:45 p.m., daily

TRADE & TECHNICAL

	Burlingame 1800 Rollins Rd.	Millbrae Mills High School	San Mateo		Redwood City Sequoia High School
			Hillsdale High School	San Mateo High School	
Auto Body Collision Repair	10:00 a.m. - 12 noon 1:00 p.m. - 3:00 p.m. 3:00 p.m. - 5:00 p.m.				
Auto Technology		*11:19 - 12:20 p.m. daily * 1:00 - 1:56 p.m. daily 2:00 - 4:00 p.m., daily 4:00 - 6:30 p.m., Mon - Thurs	1:00 - 3:30 p.m., daily 3:30 - 6:00 p.m., daily		2:00 - 4:00 p.m., daily 4:00 - 6:00 p.m., daily
Advanced Auto Technology		Spring start only	Spring start only		
Carpentry/ Construction Technology				1:00 - 3:00 p.m., daily 3:00 - 5:30 p.m., Mon - Thurs	1:00 - 3:30 p.m., Mon - Thurs 3:30 - 6:00 p.m., Mon - Thurs
					Half Moon Bay Half Moon Bay School 7:45 - 9:45 a.m. daily
Television Communication & Production					Menlo Park Menlo Atherton High School
					2:45 - 5:15 p.m. Mon - Thurs

* a basic course equivalent to high school Auto Mechanics - for high school students only

SERVICE COURSES

	Burlingame 1800 Rollins Rd.	Millbrae Mills High School	San Bruno Tanforan Shopping Center
Air & Travel Occupations	1:00 - 3:00 p.m., daily 3:00 - 5:30 p.m., Mon- Thurs		
Careers with Children		8:00 - 10:00 a.m., daily	
Hotel Service Occupations	3:00 - 5:30 p.m., Mon - Thurs		
Retail Merchandising			1:00 - 3:00 p.m., daily



HIRE EDUCATION



A SCHOOL-TO-WORK TRADITION FOR 28 YEARS

WHAT IS THE SAN MATEO COUNTY ROP?

In operation for 28 years, the San Mateo County Regional Occupational Program, ROP, is an award winning program of the San Mateo County Board of Education. In cooperation with county school districts and the local business community, ROP provides state-of-the-art career preparation and training to youth and adults.



ROP works closely with local employers and many classes offer non-paid internships or on-the-job training.



Instruction is individualized so students may work toward their goals at their own speed.



Support and career counseling are also provided to enrollees.



While ROP has no formal placement process, we hold regular Job Finding Workshops and teach job search skills to our students. Follow-up studies show a very high placement rate.



San Mateo County Board Of Education
REGIONAL OCCUPATIONAL PROGRAM
101 Twin Dolphin Drive, Redwood City, CA 94065-1064
Telephone: (415) 802-5400

ROP Trains People For Work

ROP

SERVICE COURSES

ROP

AIR AND TRAVEL OCCUPATIONS

Burlingame, 1800 Rollins Road

Computerized reservations, ticketing, check-in, gate procedures, customer service, maintenance, ramp/baggage service, travel agency operations, geography. Non-paid internships at SF Intl. Airport or local travel agencies with instructor's permission. *Prerequisite:* Typing 25 wpm, valid California driver's license, must be 18 years old by completion of course, and pass airport security check. 18 weeks

★ CAREERS WITH CHILDREN

Millbrae, Mills High School Campus

FALL START ONLY: Child development, nursery school experience, safety and care, nutrition, teaching skills, and on-the-job training. Successful completers may earn up to

six units towards the Early Childhood Education Program at Cañada College. 36 weeks

★ HOTEL SERVICE OCCUPATIONS

Burlingame, 1800 Rollins Road

Guest services, front desk, food and beverage, housekeeping, sales and catering, engineering, non-paid internships available at hotels near airport. 18 weeks

RETAIL MERCHANDISING

San Bruno, Tanforan Shopping Center

Sales techniques, terminal operations, merchandising, computer applications, math, on-the-job training. Advanced students may be placed at various sites where salary and high school credits may be earned. 18 weeks

ROP

MEDICAL COURSES

ROP

STUDENTS MUST HAVE A FLEXIBLE SCHEDULE FOR CLINICAL (ON-THE-JOB) TRAINING

Several career pathways are available to students by combining two or more of the classes below.

ACUTE CARE NURSE ASSISTANT

Burlingame, 1800 Rollins Road

Advanced patient care in community health care agencies and facilities including acute care hospitals. *Prerequisites:* Current California CNA and CPR certificates, 6 months paid work experience as certified Nurse Asst., and be HS senior or adult. Priority given to students successfully completing Hospital Unit Coordinator class the previous semester. Must send copy of CNA certificate with registration form. 12 weeks. Class is approved for 36 CE units.

months paid work experience as a CNA. Must be HS senior or adult. Class is approved for 36 CE units.

HOSPITAL UNIT COORDINATOR

Burlingame, 1800 Rollins Road

SPRING START ONLY: Hospital computer applications, physician's orders. Non-paid internships available to those who successfully complete classroom work. Keyboarding skills helpful. *Prerequisite:* Must have successfully completed Health Care Core class the previous semester. Must have HS diploma, GED, or be HS senior, be able to work under stress. 18 weeks

ADVANCED NURSE ASSISTANT

FALL 1995: Phase II — Daly City, Serramonte High School

Continuing Education course for Certified Nurse Assistants to fulfill state requirements. Must have valid California CNA certificate. Phase I and II may be taken in any order. 9 weeks spring or fall. Provider #NAC6015. Class is approved for 24 CE units. Must send a copy of CNA certificate with your registration form.

MEDICAL INFORMATION SERVICES

Daly City, Serramonte High School

Perform administrative medical/hospital front office duties under realistic conditions, with pressures requiring organization and the ability to set priorities. Medical terminology and medical office procedures. Non-paid internship available to those who successfully complete classroom assignments. Must be able to communicate in English, both written and oral, have HS diploma, GED, or be a HS senior. Experience with WordPerfect helpful. *Prerequisite:* Business typing 35 wpm. 18 weeks

HEALTH CARE CORE

Daly City, Serramonte High School

An excellent basic course for any work in the medical field: medical terminology, abbreviations, and communication skills. Introduction to health care team, ethics, confidentiality, legalities, general medical safety, basic anatomy and physiology of body systems, vocational goals, and introduction to computers. 6 weeks. Classes start September 5, October 23, December 4.

NURSE ASSISTANT

Daly City, Serramonte High School
Menlo Park, Menlo Atherton High School

Basic patient care including 13 weeks in a long-term care hospital setting. Includes preparation for state CNA test leading to certification. Must be in good health, able to communicate in English, both written and oral, and have basic math skills. Priority given to students successfully completing Hospital Unit Coordinator class the previous semester. Must be HS senior or adult. 18 weeks

HOME HEALTH AIDE

Burlingame, 1800 Rollins Road

SPRING START ONLY: Sixty hour course for state certification. *Prerequisite:* Must have current CNA certificate and have 3



1995 FALL REGISTRATION FORM 1995



TO SIGN UP: COMPLETE THIS REGISTRATION FORM AND RETURN IT TO ROP

Send to "ROP Registrar" 101 Twin Dolphin Drive, Redwood City, CA 94065-1064

Incomplete Forms Will Not Be Processed

DATE: _____

Please be patient. You will hear from us when it is time for an orientation for your class. Your questions will be answered at that time.

NAME
MR./MS. _____ LAST NAME _____ FIRST _____ MIDDLE INIT. _____

ADDRESS _____ APT NO. _____

CITY _____ STATE _____ ZIP _____

PHONE _____
(AREA CODE) DAYTIME _____ (AREA CODE) EVENING _____

SOCIAL SECURITY NO. _____ DATE OF BIRTH _____
(MUST BE 16 YEARS OR OLDER TO ENROLL)

OPTIONAL: REFERRING AGENCY/COUNSELOR _____

HIGH SCHOOL STUDENTS MUST COMPLETE THIS SECTION

NAME OF HIGH SCHOOL _____ CURRENT GRADE LEVEL _____

SIGNATURE OF PARENT _____

COUNSELORS ONLY: _____ SIGNATURE _____ SPECIAL NEEDS?

DO NOT MAIL — Return this form to your High School Counselor

CHECK ONLY ONE CLASS PER REGISTRATION FORM

Mark the box for the class you want (only one per form)

BUSINESS CLASSES

You May Mail In Registrations Anytime After June 1

- Automated Office Occupations
- Computerized Accounting (Must type 25 wpm)
- Microcomputer Business Applications (Must type 25 wpm)
- Small Business Ownership & Management

SEE COURSE SCHEDULE

CLASS LOCATION: _____

1ST CHOICE TIME: _____

2ND CHOICE TIME: _____

MEDICAL CLASSES

Walk-in Registration: June 1-2

Mail Registration Between June 1 - August 15

- Acute Care CNA
Must be HS senior or adult
Attach copy of CNA certificate to registration
Must have current CNA & CPR certificates
Must have 6 months paid work experience
- Advanced CNA — Continuing Education Credits
Attach copy of CNA certificate to registration
- Health Care Core
- Medical Information Services
Must type 35 wpm
Must be HS senior/graduate or have GED
- Nurse Assistant (Must be HS senior or adult)

SEE COURSE SCHEDULE

CLASS LOCATION: _____

1ST CHOICE TIME: _____

2ND CHOICE TIME: _____

SERVICE CLASSES

Mail Registration Between June 1 - August 15

- Air & Travel Occupations
Must type 25 wpm
Must be 18 years old by end of class
Must be able to pass airport security check
Must have valid California Driver's License
- Careers with Children
- Hotel Service Occupations
- Retail Merchandising

SEE COURSE SCHEDULE

CLASS LOCATION: _____

1ST CHOICE TIME: _____

2ND CHOICE TIME: _____

TRADE AND TECHNICAL CLASSES

Mail registration between June 1 - August 15

- Auto Body Collision Repair
- Auto Technology
- Advanced Auto Technology
Must have one year ROP Automotive Technology
or one year related work experience
- Construction Technology
- Television Communications & Production

SEE COURSE SCHEDULE

CLASS LOCATION: _____

1ST CHOICE TIME: _____

2ND CHOICE TIME: _____

FEES AND NOTES**High School Students: No Fees****Adult Fees:**

- ◆ **Materials Fee:** \$40 per two or three hour class section (\$80 per four hour class) per semester, subject to change with County Board of Education approval.
- ◆ **Textbooks/Workbooks:** Varies with each class.
- ◆ **Some courses have additional costs** for uniforms, protective equipment or medical clearances.
- ◆ **All fees must be paid on the first day of class** by check or money order made payable to "County Schools Service Fund." Fees are non-transferable and non-refundable.
- ◆ **By State Law**, high school students are given enrollment priority in ROP. When classes are over-enrolled, priority is given to San Mateo County residents.
- ◆ **Courses listed in this brochure** are subject to approval by the County Board of Education and may be cancelled due to low enrollment or lack of funding.

CREDITS

High School Credits: Normally 10 high school credits per semester are awarded for the successful completion of each two-hour daily class (15 credits for a three-hour daily class).

College Credits: Starred (★) ROP programs offer credits or advanced placement at our local community colleges for successful completers. If interested, ask your instructor at the beginning of the course for an Articulation Agreement.

Tech Prep Pathways: Starred (★) ROP classes are also part of career pathways which provide clear connections between high school programs and certificate and degree programs at local community colleges for high-skill, high-wage careers.

HOW TO REGISTER

Complete an ROP registration form. Registrations are processed by the date forms are received at ROP, with high school students receiving priority by law. Please be patient. You will be notified when it is time to come in for an orientation for the class you request. At that time a counselor will be available to answer your detailed questions.

HIGH SCHOOL REGISTRATION

ALL CLASSES:

MARCH 1, 1995 - AUGUST 15, 1995

BUSINESS CLASSES

ADULTS: MAIL REGISTRATION FORM
ANYTIME AFTER JUNE 1, 1995.

**MEDICAL, TRADE AND TECHNICAL,
AND SERVICE CLASSES**

ADULTS: REGISTER BY MAIL BETWEEN
JUNE 1 - AUGUST 15

MEDICAL CLASSES

SPECIAL WALK-IN REGISTRATION:
101 Twin Dolphin Dr., Redwood City
JUNE 1-2 FROM 8:00 A.M. - 5:00 P.M.
(or mail in June 1 - August 15)

Fall Classes

Start September 6, 1995

For General Information And Current Class Openings

Call the ROP Hotline

415-599-2713

For All Other Information Call

415-802-5400



SAN MATEO COUNTY BOARD OF EDUCATION: Susan Alvaro, Andrew Estigoy, Larry L. Foster, Ph.D.;
Richard S. Gordon; Kenneth G. Hill, Ed.D.; Fred C. Leonard, Ed.D.; Beverly J. Willis-Gerard
Floyd Gonella, Ed. D., County Superintendent of Schools

ADMINISTRATIVE AND STUDENT SERVICES DIVISION: John Mehl, Ph.D., Associate Superintendent

REGIONAL OCCUPATIONAL PROGRAM: Diane Centoni, Administrator. ROP Administrative Office,
101 Twin Dolphin Drive, Redwood City, CA 94065-1064 Telephone: (415) 802-5400



ROTARY HOUSE SAN MATEO COUNTY

WE HAVE A PLAN:

- **DEVELOP IMMEDIATE SUPPORT FOR TWO WINTER SHELTERS**
- **FACILITATE FORUMS IN NORTH, CENTRAL AND SOUTH COUNTY TO FIND PERMANENT SITE FOR TRANSITIONAL PROGRAMS**
- **PROMOTE JOBS POSSIBILITIES AMONG ROTARIANS**
- **DO SOME GRASSROOTS P.R. AND EDUCATION ABOUT THE HOMELESS IN S.M. COUNTY**

WE HAVE A MEETING:

- **FRIDAY, OCTOBER 13TH**
- **2 P.M.**
- **PENINSULA COMMUNITY FOUNDATION
1700 SO. EL CAMINO REAL, SUITE 300
IN SAN MATEO**

WE WANT YOU:

- **TO BRAINSTORM**
- **TO PLAN**
- **TO HELP MAKE SOME REAL PROGRESS**



DIRECTIONS TO PENINSULA COMMUNITY FOUNDATION:

FROM BAYSHORE OR 280 TAKE HIGHWAY 92. GET OFF AT EL CAMINO REAL NORTH EXIT. GO ONE BLOCK NORTH TO 17TH AVE. AND TURN LEFT AT SIGNAL. BUILDING IS ON NORTHWEST CORNER OF EL CAMINO AND 17TH. ENTER RIGHT INTO PARKING LOT AS SOON AS YOU MAKE TURN.

WE CAN MAKE A DIFFERENCE! JOIN US!



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

October 17, 1995

Volume 49 No. 15

PENINSULA COVENANT CHURCH

TODAY

Our monthly breakout session. This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

LOOKING AHEAD

October 24: New member "Ice Breakers," an opportunity to learn about our newest Rotarians.

October 31: Mary Janney, last year's president of the Rotary Club of Burlingame, will speak about "Rotary House" and the ways in which Rotarians will create shelters which will assist families by providing housing to those who have fallen through the government safety net.

LAST WEEK

PDG and visiting Rotarian Sid led the singing of *America the Beautiful* and *Smiles*, Past Pres. Bill Bergler led the Pledge, Paul Young gave the invocation and Past Pres. Bob Dooley did the honors of recognizing Rotarians as fine master.

Our speaker was Lee Baxter former director of the San Mateo County ROP (Regional Occupational Program),

division of the San Mateo County Office of Education.

Lee was born in San Francisco and went to public schools in the City. He acknowledged that he was not a great scholar as a youth, but he love hands on course such as machine shop and auto repair. At one time he wanted to be an auto mechanic, but he had a teacher who counseled him to go to college. Lee took the teachers sugestion and matriculated to San Jose State. The result of his higher education led him to the teaching profession. As a teacher he saw the need for hands on practical training.

The opportunity to begin the ROP program in San Mateo opened for Lee and he jumped at the job. Like the teacher suggesting he go to college, Lee attributed the ROP opportunity as something exterior to his own plan. When the position became available in 1968, he was encouraged to try for the job. Since the ROP training is hands-on practical training, this endeavor seemed tailor made for Lee.

Recognizing the need for hands on training at the high school level seemed a natural. It was the thing Lee had been looking for since his youth. He became an Assistant Superintendent of Schools for the San Mateo County Office of Education with the ROP program under his control.

Today there are more than 4,500 students in ROP. Some 30% of this number are high school students and the 70% balance is made up of adults. There are 22 occupational areas served by ROP. The high school age participants are given special attention and help to earn their GED certificates, and ROP job entry classes may be substituted at the Community College level.

Lee believes that youth needs the practical touch, the practical skills, to achieve a career path and ROP becomes a transition to work. Lee is concerned about youth that seem to have no interests, they don't know what to do with themselves. The concept of earning high school credit from attendance in ROP while doing something they enjoy helps marginal students learn skills to enter the workplace.

"People learn what they have to learn when they have to learn it." Lee stated this from his personal experience. He said he never learned trigonometry in school, but sure learned quickly when he was in the Army Artillery. Previously the Superintendent of Education of the State of California stressed academics only. Lee believes this was wrong, not all youth are cut out for academics, some will not do well at academics but will thrive in practical hands on jobs such as mechanics, machinists or repair work.

ROTARY INFORMATION

Vocational Service was one of the reasons Rotary was founded. Paul Harris needed business and he wanted friendship, he achieved both by forming

a club of some clients and business acquaintances in Chicago. Early Rotary stressed the concept of doing business with fellow Rotarians. Today we are not so forward with the requirement of patronizing our fellow club members.

The concept of maintaining the highest standards of ethical behavior in our business and professions has, however, provided us with a comfortable feeling about doing business with our fellow Rotarians. Rotary is the only world wide organization that stresses vocational service. It is the only organization that uses the four way test. It is the only organization that uses a classification system for determination of its membership.

Part of the function of the Vocational Service Avenue of Service is to help train people to find jobs and become productive members of society. This job training may be at the youth or the adult level. One way our club could participate in an active, hands-on vocational service project would be to take a participatory role in the ROP program as volunteers and mentors.

DISTRICT DOIN'S

We have arrived at that time of year when we look for new leaders to emerge from the ranks of past presidents to fill the office of District Governor for the year 1997-98. The By-laws of Rotary International state that any past president may be suggested to the nominating committee. PDG Bill is this year's chair of the nominating committee. If any past president is interested in becoming the District Governor, contact Pres. Rosemary.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-EI Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
S^O SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

UC Berkeley

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY

CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

October 24, 1995

Volume 49 No. 16

SEQUOIA CLUB

TODAY

New member "Ice Breakers," an opportunity to learn about our newest Rotarians, who they are, where they came from, what they do, how they do it and where they are going.

LOOKING AHEAD

October 31: Mary Janney, last year's president of the Rotary Club of Burlingame, will speak about "Rotary House" and the ways in which Rotarians will create shelters which will assist families by providing housing to those who have fallen through the government safety net.

NOVEMBER IS ROTARY FOUNDATION MONTH

November 4: District Foundation Wine and Food Event, Marin Center, an evening of wine, food and fellowship. This will be a dynamite event with participation by world famous restaurants and wineries. We will feature an auction of rare wines and will raise money for the Foundation. What better combination could one ask for?

November 7: Fred West of the Belmont Club has arranged to have two of the Rotary Foundation Scholars studying in the Bay Area to come and speak to us.

The Rotary Foundation chooses its scholars for their ambassadorial skills. This should be an enlightening and entertaining program.

November 14: Charlie Mae Knight, Superintendent of the Ravenswood Elementary School District will discuss race relations in our schools.

November 21: Our monthly breakout session. This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

November 28: Peter Legarias, a past president of the Rotary Club of San Francisco, will tell us about Rotoplast Chile, an exciting project of reconstructive surgery in a third world country.

LAST WEEK

PDG Sid led the singing of *America* and *Smiles*, Alan Bostwick led the Pledge, Past Pres. Bob Dooley gave the invocation and Past Pres. Pete Hughes did the honors of recognizing Rotarians as fine master.

Our breakout sessions for committee activity are coming together. The enthusiasm seems to be building. We heard complaints that there just isn't

enough time to "get it all done." Things are happening in our Club that haven't happened in years. We are seeing positive activity at the committee level.

Pres. Rosemary, when she instituted this committee meeting concept, stated that it would take a little time and a little getting used to, but we would eventually see the benefits. We think she is being proven right.

RI NEWS

On October 15, our own PDG Bill went to Portland to interview for the position of Director of Rotary International. There were 10 candidates for the office, five from the Northwest and five from California. Two of the candidates from California were from District 5170 which is no longer in our Zone; however, the legislation establishing the new zone system allowed them to be suggested since they were in the old Northern zone.

One of the 5170 candidates, Paul Sandis, was selected by the nominating committee as the Director Nominee. If none of the other candidates challenge, causing a run off by vote of the zone's clubs, he will be our Director for the years 1997-98.

MEMBERSHIP ACTION

The recent issue of the *Rotarian* lists seven essential recruitment ideas suggested by a group of women Rotarians: (1) Women are an excellent source of potential members. Conduct a joint project with a local woman's association to identify potential new members; (2) Consider young people for

membership based on demonstrated leadership potential; (3) Make your club visible and attractive in the community; (4) Consider the obvious in membership recruitment techniques; (5) Extend your membership campaign by proactively seeking prospects beyond the "circle of acquaintance" of club members; (6) Streamline the membership process, and (7) Ensure that new members are welcomed. See page 41 of the October *Rotarian* for further details.

PLANNED GIVING AND THE FOUNDATION

In the mid 80's a district planned giving committee chairman gave a talk to the Rotary Club of Rancho Santa Fe in California. One of the members and his wife, as a result of the talk, decided to make a gift of one half of their estate to the Rotary Foundation. This last February the survivor of the donors died and Rotary received \$1.5 million to be spent down over the next 20 years for Health, Hunger and Humanity (3-H) programs.

This gift did not go to the Permanent Fund (endowment); however, it shows how a major gift may be used for the great work of Rotary through its Foundation. If we could find 1,000 Rotarians to make such a gift to the Permanent Fund (\$1.5 Million) we would have \$1.5 Billion in our endowment. The income from this investment would more than double our annually available cash. We could more than double the available money for 3-H, Matching Grants, and Grants for Rotary Volunteers. Somewhere out of 1,250,000 Rotarians let's find 1,000 to make the right planned gift.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-EI Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Serqeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

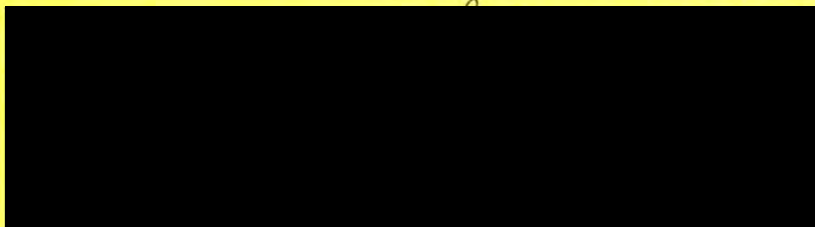
Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

**P O Box 2606
Redwood City, CA 94064**



**DISTRICT 5150
ROTARY INTERNATIONAL**



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY

CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

October 31, 1995

Volume 49 No. 17

SEQUOIA CLUB

TODAY

Mary Janney, last year's president of the Rotary Club of Burlingame, will speak about "Rotary House" and the ways in which Rotarians will create shelters by providing housing to families who have fallen through the government safety net.

LOOKING AHEAD

NOVEMBER IS ROTARY FOUNDATION MONTH

November 4: District Foundation Wine and Food Event, Marin Center, an evening of wine, food and fellowship. This will be a dynamite event with participation by world famous restaurants and wineries. It will feature an auction of rare wines and will raise money for the Foundation. What better combination could one ask for?

November 7: Fred West of the Belmont Club has arranged to have two of the Rotary Foundation Scholars studying in the Bay Area to come and speak to us. The Rotary Foundation chooses its scholars for their ambassadorial skills. This should be an enlightening and entertaining program.

November 14: Charlie Mae Knight, Superintendent of the Ravenswood

Elementary School District will discuss race relations in our schools.

November 21: Our monthly breakout session. This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

November 28: Peter Legarias, a past president of the Rotary Club of San Francisco, will tell us about Rotoplast Chile, an exciting project of reconstructive surgery in a third world country.

LAST WEEK

New member "Ice Breakers," gave us an opportunity to learn about our newest Rotarians, who they are, where they came from, what they do, how they do it and where they are going. We heard from Carol Ebner, Ray Coté, Frank Fabbro and Claudia Keys.

MEMBERSHIP STUFF

Our club's Membership Development Committee has set the date of November 16, at 1730 (5:30 PM) for an informal meeting of business and professional people from our community to gather at the Sequoia Club to share Rotary information. Invite any and all who may be eligible.

ROTARY'S COMMITMENT TO FAMILY AND COMMUNITY

RI President Herb Brown has sent a message to all Rotary Clubs asking us to reaffirm our commitment to family and community. It is well recognized that in all too many instances there is a breakdown in family values. Politicians have remarked about the issue and have promised to "fix it" just as they promise to fix all sorts of problems.

The trouble is, government cannot "fix" a breakdown in family values. Help must come from caring individuals willing to lead by example, who will guide, counsel, teach, coax and encourage families that are experiencing child abuse, domestic violence, drug abuse, gang activities, child care needs and unemployment. What a great opportunity for Rotary.

Any breakdown in the family structure is a threat to the fabric of our community life. We Rotarians, providing Community and Vocational service, have the opportunity to deal with these complex social and economic problems which are attacking the structure of the family. We have the know-how and resources to accentuate the importance of instilling human values in the homes and schools within our communities. We, at the grass roots level, must strengthen the family and make it a secure anchor for our larger community.

We must develop projects that will reinforce the stability of the family

structure. This is accomplished by bringing the following messages to dysfunctional families.

DEVELOPING THE QUALITIES FOR SUCCESSFUL FAMILIES

1. Encourage communication. Children and parents alike need to have a meaningful role in family life and a sense of belonging to the family circle.
2. Share time together. Making a special effort to be together builds common experiences and values.
3. Foster and respect discipline. Setting clear and reasonable parameters for behavior is a form of love, instilling self discipline and a sense of responsibility for one's actions.
4. Eliminate abusiveness. Instill the concept of love, serenity, acceptance, self esteem and thankfulness as a substitute for anger, irritation, aggravation and impatience.
5. Resolve conflicts. Learn to deal with differences in peaceful, loving ways -- eliminating the destructiveness of constant conflict.
6. Avoid drugs and misuse of alcohol. Openly discuss the consequences of drug and alcohol abuse and avoid bad example.
7. Practice tolerance. Respect the opinions of others, be tolerant of one another while retaining differences.
8. Encourage thoughtfulness. Showing appreciation and giving compliments teaches the importance of thoughtfulness and gratitude.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant, Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-El Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Serqeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



ARIEL * ATLAS PEAK VINEYARDS * ADLER FELLS WINERY *
 BARNETT VINEYARDS * BERNARDUS VINEYARDS AND WINERY *
 BOEGER WINERY * **NOVEMBER 4** * R. COHN
 WINERY * BUTTONWOOD FARM WINERY * CAFARO CELLARS *
 CALLAWAY VINEYARD & WINERY * CAMBRIA VINEYARD &
 WINERY * CARNEROS CREEK WINERY * CLOS DU BOIS * CLOS DU
 VAL WINE CO. * CORISON WINES * DE LOACH VINEYARDS * E & J
ROTARY FOUNDATION
 GALLO WINERY * HERHORN PEAK CELLARS * LAYSE WINE
 CELLARS * ESTANCIA ESTATES * F. TELDESCHI WINERY * GLORIA
EVENT
 FERRER CHAMPAGNE CAVES * GROTH VINEYARDS & WINERY *
 HANNA WINERY * HEITZ CELLARS * HUSCH VINEYARDS * IRON
 HORSE VINEYARDS * J. LOHR WINERY * KENWOOD VINEYARDS *
 LA CREMA WINERY * LANDMARK VINEYARDS * LAZY CREEK
 VINEYARDS * LOLONIS WINERY * MARKHAM VINEYARDS *
WINE, FOOD, PRIZES
 MARTINAY & BRASSON VINEYARDS * MURPHY-GOODS ESTATE
 WINERY * QUADY WINERY * QUIVIRA VINEYARDS * RAVENS-
HOLIDAY AUCTION
 WOOD WINERY * RAYMOND VINEYARD & CELLAR * ROEDERER
 ESTATE * ROSS DELIN CELLARS * ROSS VALLEY WINERY * STAG'S
 LEAP WINE CELLARS * ST. CLEMENT VINEYARDS * TOAD HOL-
 LOW VINEYARDS * VILLA MT. EDEN * WILLIAM HILL WINERY

ACME BREAD CO. * AMY'S KITCHEN * ANGELO'S * ANNIE'S
\$25.00
 HOMEGROWN * ANN WALKER CATERING * AQUA CUISINE *
 BARBARA'S BAKERY * BITE BACK FOODS * BOB'S RED MILL *
 BRENT & SAM COOKIES * CAROL'S COUNTRY CUISINE *
 COLLUMBUS SALAME * CRYSTAL GEYSER * DELUNA DELIGHT
BE THERE!
 FOODS * EDIBLE ART * WHOLESALE FLOWERS * HANDMADE
 PIES BY UPPER CRUST * HOWLER PRODUCTS * JEREMIAH'S PICK
 COFFEE CO. * JEREMIAH'S HANDMADE SEAFOOD SPECIALTIES *
SEE YOUR CLUB REP.
 JUDY'S BREADSTICKS * JC IMPORT/EXPORT * KOZLOWSKI FARMS
 * LA TEMPESTA BISCOTTI * MARIN BAGEL CO. * MARIN CHEESE
 CO. * MASHUGA NUTS * MATTHEW'S * MILDINA'S FINEST *
 MONTIBELLA SAUSANGE CO. * NAPA VALLEY TRADING CO *
 PIAZZA D'ANGELO * PLANETARY PRODUCTS & SERVICES *
 POZINOE * RANCHO CALIFORNIA * RANJIT'S CURRY * REDHOOK
OR CALL (415) 472-2670
 BREWERY * REPUBLIC OF TEA * RHINO CHASERS * RULLI
 SALUTE SANTE (SAN FRANCISCO DEL) PROVISIONS *
 SEMIFREDDI BAKERY * ST. PIERRE SAUCES & DRESSINGS *
 STRAUS FAMILY CREAMERY * TAMAL ROSE * TRES CLASSIQUE *
 TWO COUNT CO. * VIKING FOODS * WOODBINE BAKERY *

**ROTARY WINE & FOOD EVENT-
MARIN CIVIC CENTER-SAN RAFAEL
SATURDAY, NOVEMBER 4 - 4 TO 6 PM**

100 GREAT SUPPLIERS OF FOOD AND WINE!!

**DOOR PRIZES-SILENT AUCTIONS-VERBAL AUCTION
PRIZES:**

**WEEK IN HAWAII FOR 2 - 5 DAYS IN BAJA FOR 2
3 DAYS PALM SPRINGS GOLF FOR 2**

DRESS-SPORTY-INFORMAL!! NO SPEECHES!!

A LIVELY AFFAIR - FUN - FESTIVE - GALA!!

PARTY ON THE BUS TO AND FROM!!

**OPEN TO THE PUBLIC - BRING NON-ROTARY
FRIENDS!! - MEET NEW PEOPLE!!**

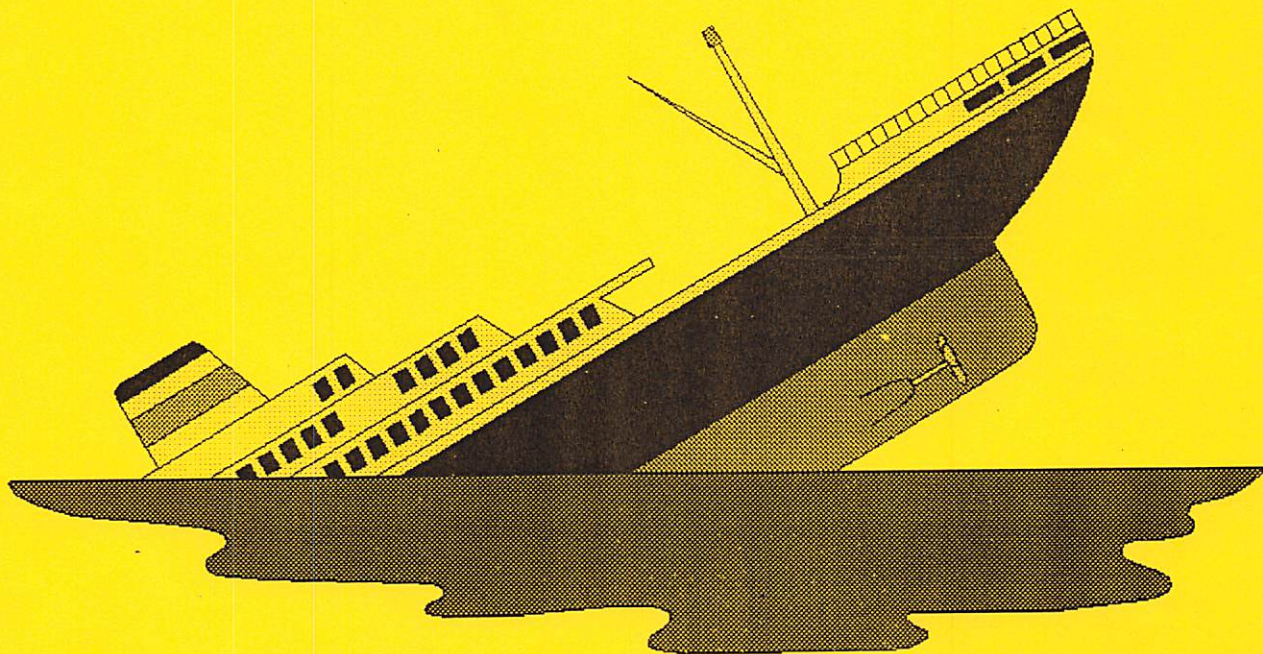
AN INEXPENSIVE SATURDAY NIGHT OUT!!

**THE EASIEST, MOST FUN WAY TO MAKE YOUR
FOUNDATION CONTRIBUTION!!**

**3 WAYS TO PARTICIPATE - BUY RAFFLE TICKETS,
DONATE PRIZES, OR JUST COME!!**

**YOU'LL BE GLAD YOU WENT - THE
MOST FUN ROTARY EVENT!!**

DON'T MISS
THE BOAT!



COME TO THE WORLD'S LARGEST
COCKTAIL PARTY

*THE 1995 ROTARY
FOUNDATION EVENT*

NOVEMBER 4, 1995

THE MARIN CENTER, MARIN COUNTY

**over 40 food and 40 wine/beverage
puveyors will be serving!**

TICKETS \$25.00

CALL (415) 697-5801 TO ORDER



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY

CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

November 7, 1995 Volume 49 No. 18

TODAY

Fred West of the Belmont Club, is the District Chair of the host committee to make Rotary Foundation Scholars feel welcome in our district during their year of study. He has arranged to have two of the scholars studying in the Bay Area to come and speak to us. The Rotary Foundation chooses its scholarship recipients for their academic qualities and their ambassadorial skills. This should be an enlightening and entertaining program.

LOOKING AHEAD

November 14: Charlie Mae Knight, Superintendent of the Ravenswood Elementary School District, will discuss race relations in our schools, or will enlighten us on some other topic to be determined.

November 21: Our monthly breakout session. This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

November 28: Peter Legarias, a past president of the Rotary Club of San Francisco, will tell us about Rotoplast Chile, an exciting project of reconstructive surgery in a third world country.

SEQUOIA CLUB

LAST WEEK

REPORT OF THE DISTRICT CHAIR OF THE ROTARY HOUSE PROJECT

John Kelly of the Rotary Club of San Mateo, is the director of Samaritan House and Director of the San Mateo County Human Services Agency. He is ultimately qualified to fill the job District Governor Tony DeAngelis has given him-- District Chair of Rotary House. He enumerated the ways in which Rotarians will create shelters by providing housing to families who have fallen through the government safety net.

John was a classmate of our own Pete Armstrong and was a Catholic priest for 20 years. He left the priesthood and became involved with the County Human Services Agency. In 1991 the Office of Homelessness was established and John was involved at its inception.

The County set \$1 million aside to fund three homeless shelters, for the North, Mid and South County. As one might guess, people are against having a homeless shelter in their own neighborhoods. Until this year, only one site was opened in San Mateo. John referred to NIMBY (not in my back yard), but said there is a new acronym,

BANANA (build anything noway and not anywhere). In spite of this the Sheriff has identified a former jail site in Redwood City for a shelter.

San Mateo County has more than 9,000 homeless people. Our District Governor Tony DeAngelis has developed a program of involving our clubs in helping to alleviate the problem. He has designated the week of February 15 to 21 as Rotary Shelter Week. We have been asked to contribute \$11 per member and to operate the shelter one night during the Rotary week, Saturday, February 17. The Redwood City shelter will be open for a trial run on November 14, and we are all invited to partake of the hospitality of the center .

John reminded us that the people in need are not going to go away. He further stated that education is the challenge. An educated populace is far better equipped to deal with adversity than an ignorant one.

The goal of Rotary is to help the County deal with the homeless problem and to create a permanent transitional center to house those people who need temporary assistance to regain their stability. This is a great project to work in conjunction with our Vocational Service retraining of the unemployed. If we could pull it all together we might make a difference.

MEMBERSHIP STUFF

Our club's Membership Development Committee has set the date of November 16, at 1730 (5:30 PM) for an informal meeting of business and professional people from our community to gather at the Sequoia

Club to share Rotary information. Invite any and all who may be eligible. Free wine and hors d'oeuvres will be available, but current members must bring a prospect for admittance. We hope to have 100% attendance!

5150 FOUNDATION EVENT A SUCCESS

This last Saturday, District 5150 conducted its annual Foundation fund raising event at the Marin Civic Center. It was a food and wine tasting event with auction. Over 50 wineries and another 50 restaurants participated.

The crowd estimate was over 1,000. The wineries were some of the most renowned in the world and they were generous with their best products. If this becomes an annual event there is no telling how much money it could raise for the Foundation.

RI PRESIDENT NOMINEE DESIGNATED

Glen W. Kinross, a member of the Rotary Club of Hamilton, Brisbane, Queensland, Australia, has been chosen by the nominating committee to be RI's president-nominee for 1997-98. The committee consisted of 15 members representing ten countries. Glen is a trustee of the Rotary Foundation.

Born in Brisbane, Glen is in the furniture manufacturing business. A Rotarian since 1960, Glen has served Rotary as a district governor and as a director from 1982-84. He was RI vice-president in 1983-84. If elected, Glen will be the fourth president from Australia.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-EI Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:00
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

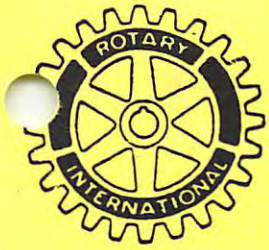
Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

November 14, 1995 Volume 49 No. 19

SEQUOIA CLUB

TODAY

Our monthly breakout session: This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

LOOKING AHEAD

TONIGHT: Preview night at the Redwood City homeless shelter on Maple Ave. behind the police station. Our speaker of two weeks ago, John Kelly, invited us to this preview of Rotary House. The evening will commence at 1800 (6:00 p.m.) and will continue for two hours. All are welcome.

November 21: Charlie Mae Knight, Superintendent of the Ravenswood Elementary School District, will discuss race relations in our schools, or will enlighten us on some other topic to be determined.

November 28: Peter Legarias, a past president of the Rotary Club of San Francisco, will tell us about Rotoplast-Chile, an exciting project of reconstructive surgery in a third world country.

SAVE THE DATE: December 15. This will be our annual Christmas party at the Villa Hotel in San Mateo.

LAST WEEK

Acting president Pete Hodgson presided at the meeting, Stan Easter led us in the singing of *America* and *Smiles*, Past Pres. Sam Dafnis led the pledge, Orley Anderson gave the invocation and Carol Ebner did the recognition by conducting a fine fine session.

Fred West of the Belmont Club provided us with a great program. Fred is the District Chair of the host committee to make Rotary Foundation Scholars feel welcome in our district during their year of study. He arranged to have a post doctorate fellow from Brazil who is studying in the Bay Area at UCSF to come and speak to us.

The Rotary Foundation chooses its scholarship recipients for their academic qualities and their ambassadorial skills. Our speaker Carlos Fernandez M.D. certainly showed this ability in his presentation. Carlos is a pediatrician from São Paulo. He is studying the makeup of DNA and its structure as it relates to the mutation of the HIV virus.

Carlos made an intriguing statement: "I am studying the one common language of humankind, the makeup of our DNA." He is working on finding the key to the HIV codes to adapt the body to recognize the virus and fight it off. He

knows that the virus is a continually mutating contagion and developing a recognition system within the body itself may be the best hope for a preventive vaccine.

Carlos was sponsored by the Rotary Club of Central São Paulo. The city of São Paulo is the largest city in Brazil with more than 15 million people. Brazil is the seventh largest economy in the world and has an undetermined value in natural resources. Carlos proved the selection committee for Rotary Foundation Scholars have done it again in selecting an ambassador of good will to represent Rotary and Brazil.

MEMBERSHIP DEVELOPMENT

Our club's Membership Development Committee has set this Thursday, November 16, at 1730 (5:30 PM) for an informal meeting of business and professional people from our community to gather at the Sequoia Club to share Rotary information. Invite any and all who may be eligible. Free wine and hors d'oeuvres will be available, but current members must bring a prospect for admittance. We hope to have 100% attendance!

FOUNDATION BENEFACTORS

There is a frustration among professionals who are charged with the administration of charities in the United States. There are people who could afford to do more and do not: many doing nothing.

Philanthropy needs a new definition. We must look beyond our incomes as sources of giving and look to gifts from capital. These gifts may be made out of appreciated investments.

Those who benefit from society have a duty to give back to society if we are going to solve society's problems. Wallace Stegner stated "No right comes without responsibility. Being born luckier leaves us with an obligation to care for the less fortunate." Sister Theresa has said "Man's greatest sin is not hatred, but indifference to one's brothers."

Too many people miss the joy of giving by looking only at their income as a source of sharing. The real joy of life is giving and seeing the results. No one has ever come back to report the joy of a gift by will! We must convince people to do more while they are alive. One thing we can do while we are alive is to support the Permanent Fund of the Rotary Foundation. We can become benefactors during our lifetimes. We can provide for some portion of our capital to go to the Foundation. Even people of very modest means have the ability to leave some of their capital to the Permanent Fund and, by so doing, become Benefactors of the Rotary Foundation.

People of greater means may find the tangible benefits of a tax favored planned gift. Such a gift can increase income for life, avoid capital gain, reduce income taxes, reduce estate taxes and eliminate probate fees. Anyone contemplating the sale of a highly appreciated asset needs to explore the tax benefits of a charitable remainder trust gift.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-El Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



VICE ABOVE SELF

ROTARY CLUB OF REDWOOD CITY
REDWOOD CITY, CALIFORNIA

"ROTARY INFORMATION MIXER"

WHAT: A select group of business and professional people from your community.

WHEN: Thursday November 16th
5:30 - 6:30 pm

WHERE: Sequoia Club 1695 Broadway Redwood City
Refreshments will be served.

WHY: Share Rotary Information - Build Our Club

HOW: 1) Invite and get RSVP from your candidate.
2) We'll call you for name of attendee.

ROTARY HOUSE SAN MATEO COUNTY

I. LONG TERM GOAL:

- **PERMANENT TRANSITIONAL HOUSING CENTER**

II. FIRST STEP - IMMEDIATELY - TODAY:

**SAN MATEO ARMORY
WINTER SHELTER
(NINTH YEAR OF OPERATION)**

**MAPLE STREET WINTER SHELTER
EAST OF REDWOOD CITY
(YEAR ONE- NEW PROGRAM)**

- **BOTH FACILITIES OPEN FROM NOV. 15, 1995 TO MARCH 31, 1996**

III. BECAUSE OF NEW PROGRAM- \$180,000 IN ADDED EXPENSES

IV. ROTARY SHELTER WEEK - JANUARY 15 TO 21

ROTARY CLUBS OF SAN MATEO COUNTY WILL:

- 1. COVER COST OF SHELTERS - \$11 PER ROTARIAN**
- 2. EACH TAKE ONE NIGHT THAT WEEK TO VOLUNTEER AT A SHELTER
(8 PERSONS MINIMUM)**
- 3. COLLECT BLANKETS, TOWELS, BED LINEN, TOILETRIES (SOAP, RAZORS,
SHAMPOO, ETC.) AND BRING TO SHELTER ON ASSIGNED EVENING**

**SNEAK PREVIEW: ROTARY SHELTER NIGHT, TUESDAY, NOVEMBER
14TH, 6 TO 8PM AT MAPLE STREET SHELTER, SHERIFF'S WORK FURLOUGH
FACILITY, EAST REDWOOD CITY
(ROTARY MEMBERS AND FAMILY WILL BE "SHELTERED" FOR THE EVENING)**



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

November 21, 1995 Volume 49 No. 20

SEQUOIA CLUB

TODAY

Charlie Mae Knight, Superintendent of the Ravenswood Elementary School District, will discuss race relations in our schools, or will enlighten us on some other topic to be determined.

Two weeks ago Fred West, the District Chair of the host committee for incoming Rotary Foundation Scholars introduced us to one of the foreign students studying in the Bay Area. This last week, our own Stan Easter brought two such scholars to join our meeting.

LOOKING AHEAD

November 28: Peter Legarias, a past president of the Rotary Club of San Francisco, will tell us about Rotoplast-Chile, an exciting project of reconstructive surgery in a third world country.

Stan introduced Annette Wieland from Mannheim Germany and Alex Malvin from Stockholm Sweden. Annette is studying in a Masters program at the San Francisco Conservatory of Music. She has a soprano voice so delightful to hear that she has been invited to be a soloist with the San Francisco Symphony in one of its productions of Handel's Messiah, December 5, at Davies Symphony Hall. The program is to be aired on Channel 9.

SAVE THE DATE: December 15. This will be our annual Christmas party at the Villa Hotel in San Mateo.

LAST WEEK

Our monthly breakout session: This is where the work of our "Service Above Self" activity comes together. It is important we all participate.

Alex lives in Daly City and is a student at San Francisco State University in the school of Entrepreneurial Small Business Management. Prior to coming to San Francisco Alex was studying at the University of Stockholm. He told us how the schools in Europe stress training for employment in large companies and have no program whatsoever for instruction relating to small business.

President Rosemary was back at the podium after an interval away and presided at the meeting. PDG Sid led us in the singing and PDG Bill, at the nomination of Past. Pres Sam, did the recognition by conducting an impromptu, fill-in fine session.

The business of our meeting then devolved into breakout sessions for our

monthly committee conferences. Pres. Rosemary seems to have the club on track with this system of participation. We have more projects under consideration and more activities actively being pursued in our club than we have seen in many years.

The icy skepticism which surrounded the new method of committee focus seems to be melting away and we notice a new enthusiasm building engendered by the accomplishments the committees are experiencing. Rosemary asked us to give this new system a try. There was much grumping and no one, at first, saw the benefits of the system, but we believe the incertitude has given way to an eagerness to get the job done.

MEMBERSHIP DEVELOPMENT

Our club's Membership Development Committee hosted an informal meeting of business and professional people from our community at the Sequoia Club last Thursday. We gathered to share Rotary information. We hosted approximately 20 eligible potential Rotarians. Wine and hors d'oeuvres were served, Chairman Bob Dooley gave a welcome and PDG Bill told about the early beginnings of Rotary and how it has evolved into the great organization it is today.

Those in attendance seemed interested and the enthusiasm was high. Several former members of the Redwood Shores Club were present including three of its past presidents. We may see some invitations to join Rotary emanate from our effort, and we may see some of these invitations accepted.

ROTARY HOUSE PREVIEW

When John Kelly spoke to us two weeks ago he told us about the homeless shelter which would open in Redwood City this winter. This same facility was open for a preview and inspection this last Thursday. The Samaritan House staff, which supports the program, served a great chicken dinner for all Rotarians in attendance.

The facility is clean, bright and has the necessary amenities to serve as a temporary shelter this winter for the homeless. We peninsula Rotarians will have a week this winter to help operate the facility and we were offered an insight into the workings of the program. This will be a rather easy, hands on project for our club. It should be an eye-opening experience and may lead to more community and even vocational service projects.

WORLD COMMUNITY SERVICE

Past Pres. Sam is looking for members to accompany him to Costa Rica in January to attend a projects conference for Central America. After attending last year with then Pres. Elect Rosemary, Sam's committee chose a clean water project in San Salvador. This upcoming trip is to plan a new project and to inspect the well and water service system we set up bringing fresh clean water to a convent and school. Anyone interested in attending the conference should contact Sam or Rosemary. The potential for another great project is there for the planning.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant, Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-EI Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

November 28, 1995 Volume 49 No. 21

TODAY

Peter Legarias, a past president of the Rotary Club of San Francisco, will tell us about Rotoplast-Chile, an exciting project of reconstructive surgery in a third world country.

LOOKING AHEAD

SAVE THE DATE: December 15. This will be our annual Christmas party at the Villa Hotel in San Mateo.

LAST WEEK

PDG Bill brought out our roundest tones in the singing of *America* and *Smiles*, Past Pres. Frank Parcell led the Pledge of Allegiance and Guy Thompson gave the invocation. Recently inducted (June 1995) member Ray Coté provided the recognition as fine master and did a masterful job for his first effort at extracting the bucks.

ANNOUNCEMENTS:

Peninsula Blood Bank needs 200 units of blood just for the period between December 23 and 30. There is always a need, but the holidays have historically placed a greater strain on the supply than normal. Lets make a concerted effort to donate blood as a gift to our community. Anyone wishing to be

SEQUOIA CLUB

catalogued as a potential bone marrow donor will be tested for free when giving blood. Call 369-8211.

Salvation Army bell ringing will take place this year on December 9, at a location to be determined. See Fred Strathdee for details and to pick your time to be a ding-a-ling.

Entertainment books are on sale from Bob Boland at \$40 each. Remember this is a fund raiser, buy from Bob.

Charlie Mae Knight Ph.D., Superintendent of the Ravenswood Elementary School District, spoke to us about the challenging and rewarding job she has in East Palo Alto. Mae has been the Superintendent since November of 1985. This is an unheard of tenure for a job in education that has no tenure.

Mae is a Rotarian in the Palo Alto Bayshore Rotary Club and is familiar with the workings of Rotary. She is a warm, humorous person who possesses grace and style.

Mae stated that education is in a crisis in the inner city. It is difficult to provide quality education for disadvantaged youth. There is no one to represent them. They are thrown into a system they don't understand fully and have no advocates, no mentors.

Ravenswood School District has the lowest per capita funding allotment in the State of California. Mae gave an example of her problems. She stated that there are things not considered by the state bureaucracy in dealing with her schools. She wanted to find some portable classrooms but the state would not allot any since they believed she had "empty" classrooms. She acknowledged the fact that she had turned some rooms into science labs and as such the state considered them empty. The only thing empty is the heads of the bureaucrats.

Ravenswood has very old schools and cannot afford to pay high teachers salaries. Teachers, if they are any good, stay for awhile and then bail out to better paying jobs. Turnover was the norm for superintendents prior to Mae's arrival. There had been 11 people attempting the task in the ten years before Mae took office, she has been there ten years, a record. Mae said that with a five person Board of Education the superintendent needs to learn how to count to three very quickly.

The East Palo Alto people have been so abused that they tend to trust no one. The Blacks are disenchanted but, the Pacific Islanders and Hispanics come in with faith that life will be better. Children need to be in school. An absent student cannot learn. Mae gives no sympathy for irresponsibility. She demands it from her students and from their parents. She believes in forcing parent responsibility no matter what the circumstances. Some of Mae's kids were only attending 70% to 75% of the time. She has demanded a change. To learn one needs to be in attendance, to be in class and to be paying attention.

Inner city schools have problems no one else has. Mae has to call the garbage company each Monday to clear the refuse off the playground. The poor people cannot pay for garbage so they dump it on the schoolyard over the weekend. The Health Department complains, the auditors complain and the school has to pay for the cleanup.

May stated that the system is rotten and no one cares. She has an unusual number of special education children and little in the way of resources to deal with them. The highest percentage of birth defects is in the inner city. The highest percentage of drug abusers is in the inner city. The highest percentage of alcohol abuse is in the inner city. The highest percentage of infant drug addicts, inherited from their mothers, is in the inner city.

With all these problems Charlie Mae sees that she is making some progress. She has seen more parent responsibility, more emphasis on education coming from the home, more caring among the family, especially fathers. She started The Ravenswood Parent Teacher Intervention Program. She has received federal funding and hopes the program will continue.

COMMUNITY SERVICE

Many of our members have said we should participate in projects near to home. We need to re-read the above description of the talk by Charlie Mae Knight. There are a dozen or more potential community service projects waiting to be done in East Palo Alto. Counseling, mentoring, teaching literacy, etc. etc. etc.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-EI Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

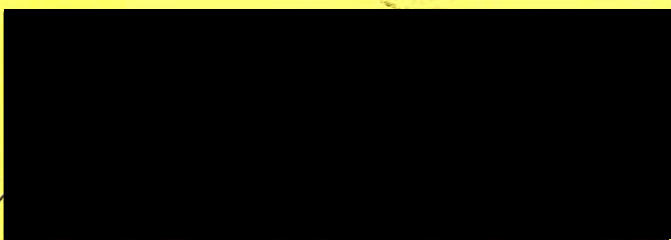
Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL





"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

December 5, 1995 Volume 49 No. 22 SEQUOIA CLUB

TODAY

We expect Pres. Rosemary to open the meeting with a song to be led by an esteemed song leader. This will be followed by a pledge of allegiance and invocation. We will then proceed to various announcements and will pass sign-up sheets around for salvation army bell ringing and reservations for the Christmas party. Upon completion of the business of the club we will have a fine session followed (we hope) be a stimulating program.

LOOKING AHEAD

SAVE THE DATE: December 15. This will be our annual Christmas party at the Villa Hotel in San Mateo. This is always a festive event with singing of Christmas carols and fellowship abounding. Who knows, we may even see a sleigh, eight reindeer plus Rudolph and Santa Claus dropping in (down the chimney) with a sack full of toys to find out who has been naughty and who has been nice (the nice shall inherit the earth). We should have "perfect" attendance for this event.

LAST WEEK

Our song leader brought out our roundest tones in the singing, the Pledge

of Allegiance was recited and a member gave the invocation. Recently inducted (August 1995) member Claudia Keys provided the recognition as fine master testing our knowledge of our fellow members names by giving clues and expecting that we know each other so well we would immediately recognize our fellow Rotarians from the obvious nature of the clue given.

As it turned out most of us had no clue and we ended paying for the privilege of recognition.

ANNOUNCEMENTS:

Peninsula Blood Bank needs 200 units of blood just for the period between December 23 and 30. There is always a need, but the holidays have historically placed a greater strain on the supply than normal. Lets make a concerted effort to donate blood as a gift to our community. Anyone wishing to be catalogued as a potential bone marrow donor will be tested for free when giving blood. Call 369-8211.

Salvation Army bell ringing will take place this year on December 9, at a location to be determined. See Fred Strathdee for details and to pick your time to be a ding-a-ling.

Entertainment books are on sale from Bob Boland at \$40 each. Remember this is a fund raiser, buy from Bob.

PERSONAL NOTE: PAST PRESIDENT ROY FRANK RETURNS TO ROTARY. We just received news that our President of ten years ago, Roy Frank, has been commuting to Modesto for the last several months. He was manager of the Stewart Title Co. office in Redwood City when they closed their San Mateo County office. He was offered a position to manage the Modesto office and jumped at the opportunity. Roy was asked to join the small (300 members) Modesto Downtown Rotary Club. Roy has joined the Gallo Family in working with Rotary. He promises to be here for our 50th anniversary next April.

In recollection of Roy's year we have reprinted our December 3, 1985 Spoke:

TODAY You are going to be hearing from Jack Silliman a bomb technician with the San Mateo County Sheriff Department's Anti-Bomb and Terrorist Division. A timely topic in view of recent events on Malta.

LAST WEEK Pres. Roy gave due recognition to the return of Max Gerfen to our fellowship. A nice way to start the Thanksgiving holiday. Max expressed his appreciation for the P.H. Fellowship bestowed on him by the Club and for the encouragement extended in his battling his recent illness. Welcome Back!

DGN Sid and Dr. Jim did their usual to rouse the chorus and thanks to San Carlos' Frank Coleman for leading the pledge and Bill Conklin for giving the invocation.

November Prog. Chm. Bob Stiff introduced our speaker, Stanford Professor Martin Hellman. Prof. Hellman, on leave to the P.A. based "Beyond war" project, explained the objectives of that project along with some in depth and discerning observations on the true nature of the Soviets and our dealings and misdealings with them.

A five time visitor to the USSR, our distinguished speaker has no illusions about them. According to Prof. Hellman they are very different and frustrating indeed but still we must find ways of getting along. We will end war or war will end us and the only way to survive Russian roulette is to put down the gun.

Both sides are mired down in a spinning of wheels in a snow of discontent and this futility must be confronted with new ideas and change. An enlightening and learned discussion from a very brilliant scientist. Too bad if you missed it.

Dr. Jim Greenwell was our finemaster though for a time it seemed he was our speaker and program. And for a lesson on the origin and doings of our pilgrim forefathers the price tag was something for the club's treasury to be truly thankful for.

NEWS AND NOTES Speaking on special events, Pres. Roy noted that the S.F. party (dinner and show) was a great time for 34 of our Rotarians.

A reminder from Bill Conklin--the Xmas party will be at St. Pius the afternoon of Sun. Dec. 15. It's a children and grandchildren affair with music (a band and music you'll love) and gifts. Don't miss it.

From Capt. Chas. Norris, this year's bell ringing for the S.A. will be on Fri. Dec. 13 with teams at both GEMCO and K Mart--a new pair of ringers each hour at each location. That means you are needed. If you haven't signed up, do so--call Charles (368-4643).

The Rotary Foundation has made a grant of \$50,000 to the Columbian Relief effort. You too can help with contributions to this cause with your check to "Rotary Foundation Columbian Relief".

More is better: DGN Sid notes the arrival of grandchild #5 on the 22nd courtesty son Louis and his Rotariann in Foster City.

NEX WEEK Dec. Prog. Chm. Parcell says we're waiting a confirmation for the 10th. You'll hear today, we hope.

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-El Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

**P O Box 2606
Redwood City, CA 94064**

DISTRICT 5150

ROTARY INTERNATIONAL



"He Profits Most
Who Serves Best."

ROTARY SPOKE

ROTARY CLUB of REDWOOD CITY CALIFORNIA

CHARTERED APRIL 22, 1946
DISTRICT 5150

December 12, 1995 Volume 49 No. 23

TODAY

The Bobs, Doss and Stiff, will be our greeting committee; George Szpotek is due to return as keeper of the registration table; Frank Fabro will be selling the raffle tickets; Don Hack is slated to lead the pledge; Mike Ryan will give the invocation; and Past Mayor Dani Gasparini will be our recognition master. The program for the day will be our monthly break out session where the work of "service above self" seems to be happening better than ever in recent memory.

LOOKING AHEAD

SAVE THE DATE: December 15. This will be our annual Christmas party at the Villa Hotel in San Mateo. This is always a festive event with singing of Christmas carols and fellowship abounding. Who knows, we may even see a sleigh, eight reindeer plus Rudolph and Santa Claus dropping in (down the chimney) with a sack full of toys to find out who has been naughty and who has been nice (the nice shall inherit the earth). We should have "perfect" attendance for this event. The Christmas party will take the place of our December 19, Tuesday meeting.

December 26: No meeting! One of two optional dark days allowed per year.

SEQUOIA CLUB

LAST WEEK

John Palidino, recruited talent from Menlo Park, lead us in song. Cathy Cosgrove led the Pledge and Past Mayor Dani Gasparini gave the invocation. Jim Newell tested our knowledge of jugglers and kites to recognize Rotarians.

The program was provided by the Hawes School third grade chorale. Hawes Principal Barbara Babbini introduced the singers and their choir master Mrs. Lawler.

Mrs. Lawler uses singing to encourage literacy in the children. Each child believes that he or she is a reader and a writer. They are proud of their reading skills. Some children start school with zero reading experience, others have as many as 6,000 hours. The key to literacy for all is to close the gap between those with the experience and those without and to make reading exciting.

The children gave animated performances of *Up on a Housetop*, *Rudolph the Red Nosed Reindeer*, *Santa Claus Is Coming to Town*, *Frosty the Snowman*, *Jingle Bells* and others. There was dancing, prancing and a good time had by all.

Karen Triplett, Hawes Rotary coordinator, passed out cookies to all singers.

ANNOUNCEMENTS: Entertainment books are on sale from Bob Boland at \$40 each. This is a fund raiser for the club and is a great deal for the purchaser. Buy your book!

BOARD ACTION

The Board of Directors, at its November meeting, adopted resolutions approving some minor amendments to our by-laws to bring them into conformity with the new legislation of Rotary adopted at the last Council on Legislation.

A group of Woodside residents is attempting to form a new Rotary club. The Board approved the sharing of territory with this to-be-formed Woodside provisional club. This is an exciting prospect for a new sister club.

CLUB SERVICE

With the prospect of Peninsula Covenant Church being out of commission for some time, President Rosemary with the approval of the Board has appointed a committee to study the options which may be available for a new venue for our meetings. Past Pres. Pete Hughes has been appointed chair. If you have input about our meeting place, call Pete.

PERSONAL NOTE

George Chafey, a name which is legend in the annals of Rotary, is to become a District Governor. No, there is no reincarnation of our venerable historian and punster. George's son, George Chafey, Jr. has been nominated as the District Governor Nominee of District 5160, (Berkeley & North to Oregon).

MEMBERSHIP

This Wednesday, December 13, we will host a Rotary Information session at the Sequoia Club at 1700 (5:00 P.M.). All potential candidates are welcome and encouraged to attend. If anyone was a sponsor of a potential member please be sure your candidate attends.

MEMBERSHIP DEVELOPMENT

We need to implement the 7-i system of membership development:

1. Identify- Find service oriented people to fill vacant classifications.
2. Introduce- Bring them to a Rotary meeting and be sure to acquaint them with the members.
3. Interest- Show them what we do as Rotarians and find out how and where they might like to participate.
4. Invite- Propose them for membership and after approval, ask them to join us in our service projects as a member of Rotary.
5. Inform- Bring them to a Rotary Information meeting such as the one described above.
6. Involve- Bring them into the planning and implementation of a project of one of our avenues of service.
7. Immerse- Help our new members become better acquainted and personally involved with our club, our members and our projects.

NAME AND CLASSIFICATION	ROTARY ADDRESS	PHONE	Spouse	Anniv.
† Anderson, Orley H. (Orley) - Paint Industry, Consultant				11/88
† Anisman, Melvin (Mel) - Real Estate, Investment Management				3/84
† * Armstrong, Msgr. Peter G. (Pete) - Honorary				1/80 °
Azem, Rosemary- Travel Agent				4/91
Bergler, Harold Wm. (Bill) - Sr Active (Funeral Directing)				9/68
Boland, Robert A. (Bob) - Law Practice, Real Property				n 4/87
† * Bostwick, Dr. Alan M. (Alan) - Sr Active (Adult Education)				10/52
† *Δ Conklin, William (Bill) - Sr Active (Law, Business)				5/78
Cooper, Judith P. (Judy) - Electronics, Transaction Automation				3/92
Cote', Ray - Business Banking				6/95
Crossgrove, Catherine A. (Cathy)-Printing Services				5/92
† * Dafnis, Sam V. (Sam) - Building Maintenance				4/81 °
† Delfs, Thomas E. (Tom) -Property Investments				e 9/87
† Dodge, Richard A. (Dick) - Office Supplies				11/78
Dombek, Joe- Investment Broker				6/92
† * Dooley, Robert E. (Bob) - Sr Active, (Financial Planning)				12/74
Doss, Robert E. (Bob)- Dental Lab				7/92
† * Durkin, Dennis J. (Dennis) - Law, General Practice				e 10/84
† * Durkin, Robert W. (Bob) - Sr Active, (Dentistry)				9/70
Easter, Stanley E. (Stan) - Honorary, Rotaract Advisor				9/83 °
Ebner, Carol - Lumber Yard Mgmt.				6/95
Fabbro, Frank J.(Frank)-Real Estate Appraiser				2/95
Fenton, Dr. Norman R. (Norm) - Physician, Gynecology				4/89
Gasparini, Daniela (Dani) - YMCA				10/90
† Graves, Orval C. (Orv) - Honorary				11/53
Hack, Donald C. (Don) - Paving				9/78
† Haga, Roland N.V. (Roland) - Engineering, Civil				e 2/86
† Hodgson, Peter (Pete) - General Contractor				1/84
Horsley, Don (Don) -Law Enforcement, Sheriff				5/85
* Hughes, Peter I. (Pete) - Sr Active, (Plastics Fabrication)				5/73
Keys, Claudia (Claudia) - Foundation Director				8/95
† Koslosky, Walter E. (Walt) Honorary				8/70
† Koster, Dr. Ronald W. (Ron) - Sr Active (Orthodontics)				8/60
Mayer, Marshall S. - Attorney/Inventor				5/95
† Mertens, Jerry W. (Jerry) - Chemicals, Wholesale				4/80
† * Mikulic, Dr. Stephen A. (Mik) - Dentistry				7/86
Mitchell, Delbert (Del) - Sr Active (Shoe Retailing)				3/55
Newell, James W. (Jim) - Sr Active (CPA)				2/65
Nissan, Edward (Ed) - Sr Active, (Tile Imports)				11/72 °
† * Parcell, Frank C., Jr. (Frank) - Sr Active (Air Conditioning)				4/63 °
Raddavero, Mario - Food Services, Catering				7/87
† * Roos, Dr. Gregory M. (Greg) - Dentistry, Additional Active				4/89
† * Rutherford, Robert E. (Bob) - Sr Active (Marine Ecology)				6/76
Ryan, Michael R. (Rhino) - Religion, Covenant				11/89
Schmidt, Linda A. (Linda) - Banking, Loans				11/91
† * Schricker, David E. (Dave) - Sr Active (Muni. Govt, Law)				9/68
† *‡ Schutz, David N. (Dave) - Sr Active (Newapaper Publishing)				4/46
Silverstein, Stan L. (Stan) - S/A Real Estate, Investment				10/70
Stephenson, Robert, E. - Painting Consultant				2/95
† * Stiff, D. Robert (Bob) - Sr Active (Education, College)				10/83
Strathdee, Frederick R. (Fred) - Architecture				10/81
† Summey, Lemuel (Lem) - Sr Active (County Gvmt, Law)				5/73
Szpotek, George F., Jr. (George) - Sr Active (Flowers)				4/73
Thompson, Guy (Guy) - Automobile				2/86
Wooley, John H. (John) - Honorary				9/81
Young, Dr. Paul L. (Paul) - Sr Active (Podiatry)				6/65

Mail Make-up Cards to : Dr. Alan Bostwick, 501 Portola Rd., Box 8171, Portola Valley, CA 94028-7605

‡Charter Member *Past President ΔFast Governor †Paul Harris Fellow °Date of original admission

MAKE-UP OPPORTUNITIES

MONDAY

BELMONT-Van's Restaurant,Belmont 12:15
PALO ALTO-Rickey's Hyatt House 12:15
CAMPBELL-Renzo's Restaurant 12:15

TUESDAY

SAN FRANCISCO MISSION-EI Oso 7:30 am
PENINSULA SUNRISE-Pete's Harbor 7:30 am
MILLBRAE-Green Hills Country Club 12:15
MOUNTAIN VIEW-Florentine Restaurant 12:15
LOS GATOS-Villa Felise Restaurant 12:15
SAN FRANCISCO-Elks Club 12:15
SUNNYVALE-Holiday Inn 12:15
HALF MOON BAY-Community Center 12:15
MILL VALLEY-Mill Valley Golf Club 12:15
PACIFIC-The Muffin Mine 7:30 am
STANFORD AREA-Blintz Restaurant(LosAltos) 7:15 pm

WEDNESDAY

BURLINGAME-Holiday Inn-Crown Plaza 12:15
CUPERTINO-Pacific Fresh Restaurant 12:15
DALY CITY-Licata's Restaurant 12:15

FOSTER CITY-Holiday Inn 12:15
MENLO PARK-Holbrook-Palmer Park, Atherton 12:14
SANTA CLARA WEST-Mariani's Restaurant 12:14

THURSDAY

FISHERMAN'S WHARF-CA Hornblower Pier 33 7:30am
PALO ALTO/BAYSHORE-Bayland's Nature Center 12:15
LOS ALTOS-Elks Club (El Camino) 12:00
SANTA CLARA-Mariani's Restaurant 12:15
SAN MATEO-Dunfey Hotel 12:15
SAUSALITO-Alta Mira Hotel 12:15
SAN FRANCISCO WEST-McLarens Bar/Grill 6:00 pm
SO SAN FRANCISCO-Brentwood Lodge 12:15

FRIDAY

SAN MATEO SUNRISE-Villa Hotel 7:30 am
PALO ALTO/UNIVERSITY-Holiday Inn 7:30 am
SAN CARLOS-Salvatore's Restaurant 12:15
SAN BRUNO-S.F. Airport Hilton 12:15
SARATOGA-Community Center 12:00
SANTA CLARA N.-Days Inn/Great America Pkwy 12:00
TIBURON/BELVEDERE-SF Yacht Club(Belvedere) 12:15

For other make-up opportunities see Norm Fenton

—ROTARY CLUB OF REDWOOD CITY

Officers for 1995-96

Rosemary Azem
President

Pete Hodgson
President Elect

Greg Roos
Past President

Norm Fenton
Secretary

Linda Schmidt
Treasurer

Sergeant At Arms: George Szpotek

Board of Directors

Term expires 6/30/96

Anderson, Orley
Boland, Robert
Doss, Bob
Stiff, Bob

Term expires 6/30/97

Dafnis, Sam
Dombek, Joe
Horsley, Don
Hughes, Pete

Bulletin Editor: Bill Conklin

Anthony DeAngelis
GOVERNOR, DISTRICT 5150

Phil Schneider
DISTRICT GOVERNOR'S REPRESENTATIVE, AREA 10

Herbert Brown
PRESIDENT ROTARY INTERNATIONAL

ROTARY CLUB OF REDWOOD CITY

P O Box 2606
Redwood City, CA 94064

DISTRICT 5150

ROTARY INTERNATIONAL



Hawes Holiday Show

December 1995

1. Up on the Housetop
2. Medley:
 - Rudolph the Red-Nosed Reindeer
 - Santa Claus is Coming to Town
 - Solo 1 by Abraham Palafox
 - Solo 2 by Calli Jo Rose
 - Solo 3 by Diana Molina
 - Solo 4 by Veronica Patino
 - Frosty the Snowman
 - Choreographed and Danced by
Danielle Lawlor
3. Jingle Bells
4. Jingle Bell Rock
 - Dance by the 1st, 2nd, & 3rd grade girls
 - Choreographed by Danielle Lawlor
5. Must Be Santa
6. We Wish You a Merry Christmas

Performance by Mrs. Lawlor's Students
(Academic and English Enrichment)